



Mentoring & Support for Differently Abled



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Academic Support

Academic guidance plays a crucial role in supporting differently abled students in a university. Here are some key considerations and practices we provide for effective academic guidance of the differently abled students:

- **Individualized Approach:** Our approach deals in recognize that each student has unique abilities, challenges, and learning styles. Teachers take the time to understand their specific needs and preferences. We collaborate with the student to develop an individualized academic plan that aligns with their goals and accommodates their disability.
- **Accessibility and Accommodations:** We ensure that all academic materials, resources, and facilities are accessible to differently abled students. Each department works closely with the university's disability support services to identify and implement appropriate accommodations, such as extended time for exams, accessible formats for course materials, note-taking assistance, or assistive technologies.
- **Course Selection and Scheduling:** Teachers help students navigate the course selection process by providing guidance on suitable courses that align with their interests, strengths, and career aspirations. The workload, course format (e.g., lectures, discussions, labs), and accessibility of course materials are considered when advising them. We assist in creating a balanced schedule that accommodates any necessary accommodations and minimizes potential conflicts.
- **Study Skills and Strategies:** We support differently abled students in developing effective study skills and strategies tailored to their individual needs. We provide guidance on time management, organization, note-taking techniques, and effective study methods. We encourage them to use assistive technologies and explore available resources such as tutoring, study groups, or writing centers.
- **Communication with Faculty:** We help students develop effective communication skills to engage with their professors. We encourage them to establish open lines of communication and advocate for their needs. Assist in crafting emails or meeting scripts to address concerns, request accommodations, or seek clarifications. We encourage students to attend office hours and build relationships with their instructors.
- **Adaptive Technology and Tools:** We familiarize our staff with assistive technologies and tools available to support differently abled students in their academic endeavours. We stay updated on the latest developments and recommend appropriate tools or software that can enhance their learning experience. We provide guidance on how to access and effectively use these technologies.
- **Time Management and Organization:** We assist students in developing effective time management and organizational skills. We help them prioritize tasks, create schedules, and set realistic goals. We encourage the use of calendars, to-do lists, and reminders to stay organized. We work together to identify strategies that optimize their productivity and reduce stress.
- **Peer Mentoring and Support:** We facilitate connections between differently abled students and peers who can provide additional academic support. We encourage the formation of study groups or pair students with mentors who have successfully navigated similar academic challenges. Peer support can provide a sense of community, motivation, and shared learning experiences.
- **Progress Monitoring and Adjustments:** We regularly assess the student's progress and academic performance. We review their goals, identify areas for improvement, and make necessary adjustments to the academic plan or accommodations. We encourage ongoing communication to address any emerging challenges and celebrate their achievements.

We ensure that our academic guidance to differently abled students is be tailored to their specific needs and focused on promoting their academic success and independence. By providing

comprehensive support, we empower these students to overcome barriers and achieve their educational goals.

Buddy Mentoring

Buddy mentoring, also known as peer mentoring or buddy system, is a valuable support system for differently abled students in Shoolini University. It involves pairing them with a peer mentor who provides guidance, support, and friendship. Here are some key considerations we implement for a successful buddy mentoring program for differently abled students:

- **Identify students who would benefit from buddy mentoring:** This is done through a variety of methods, such as screening students who have Individualized Education Plans, talking to teachers and other school staff, or asking students themselves if they would be interested in buddy mentoring.
- **Match students with buddies:** When matching students with buddies, it is important to consider the student's social and emotional needs and interests. For example, a student who is shy might be paired with a buddy who is outgoing and friendly.
- **Provide training for buddies:** Buddies receive training on how to work with differently abled students in a social setting. This training covers topics such as the student's disability, the student's social goals, and how to provide effective social support.
- **Set up regular meetings between buddies and students:** The frequency of meetings varies depending on the needs of the student. However, it is important to have regular check-ins to ensure that the mentoring relationship is effective.
- **Provide ongoing support for buddies and students:** Buddies and students have access to ongoing support throughout the mentoring relationship. This support can come from the school, a mentoring organization, or other professionals.
- **Evaluate the mentoring program:** It is important to evaluate the mentoring program on a regular basis to ensure that it is meeting the needs of students. This evaluation is done through surveys, interviews, or other methods.

Psychological Counselling

Psychological counselling is an important support service for differently abled students in Shoolini University. It helps them navigate the unique psychological challenges they may face due to their disabilities and create a positive and inclusive campus environment. Here are some key considerations we provide for psychological counselling to differently abled students:

- **Identify students who would benefit from psychological counselling:** This is done through a variety of methods, such as screening students who have Individualized Education Plans, talking to teachers and other school staff, or asking students themselves if they would be interested in psychological counselling.
- **Refer students to a qualified counsellor:** We have a dedicated counsellor who is experienced in working with differently abled students.
- **Provide support for students and their families:** Students and their families have access to support throughout the counselling process. This support can come from the school, a counselling organization, or other professionals.
- **Evaluate the counselling program:** It is important to evaluate the counselling program on a regular basis to ensure that it is meeting the needs of students. This evaluation is done through surveys, interviews, or other methods.