

**SHOOLINI
UNIVERSITY
SOLAN, HP**

Jagriti Community Events January-July 2023



**Shoolini University of Biotechnology and
Management Sciences**

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January 11 to 17, 2023

Safety week

National Road Safety Week is celebrated across the country from Jan 11 to 17. In Shoolini since the winter break was on and students were not available, a weeklong awareness social media campaign was organised to remind everyone to drive safe. Each day a creative with a warning and a message for guidance was shared across the campus. Dangers of not wearing the seatbelt, over speeding, breaking rules etc were highlighted. The students appreciated the efforts of the team of DSW for carrying out this campaign.

Total number of participated: - 06



1,040 LIVES LOST* IN ROAD ACCIDENTS DUE TO USE OF MOBILE PHONE WHILE DRIVING ON INDIAN ROADS

**DATA ACCORDING TO MINISTRY OF ROAD TRANSPORT AND HIGHWAYS, GOVT. OF INDIA

RESIST THE TEMPTATION TO PICK UP THE PHONE WHEN YOU ARE DRIVING

 **DID YOU
KNOW?**
**PENALTY FOR USING MOBILES
WHILE DRIVING IS RS. 5000.**



PARWAH KARENGE, SURAKSHIT RAHENGE

A creative about the harms of using mobile phone while driving was circulated



**IN 2022, THERE WERE 1,55,622 DEATHS* DUE TO ROAD ACCIDENT.
59.7 PERCENT OF FATALITIES
OCCURRED DUE TO OVER-SPEEDING.**

* REGISTERED DEATHS ACCORDING TO MINISTRY OF ROAD TRANSPORT AND HIGHWAYS, GOVERNMENT OF INDIA



PARWAH KARENGE, SURAKSHIT RAHENG

A creative about the effects over speeding while driving was circulated



**PEOPLE KILLED IN DRUNKEN DRIVING-RELATED ROAD ACCIDENTS
ACCOUNT FOR A
3.5%* SHARE OF TOTAL ROAD FATALITY IN INDIA.**

**DATA ACCORDING TO MINISTRY OF ROAD TRANSPORT AND HIGHWAYS, GOVT. OF INDIA



THERE IS A PROVISION OF IMPRISONMENT UP TO
6 MONTHS AND/OR A PENALTY OF RS 10,000
FOR DRINKING AND DRIVING IN INDIA



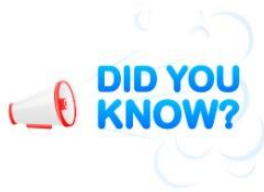
PARWAH KARENGE, SURAKSHIT RAHENGE

A creative about the consequences of drinking and driving was circulated



Over 1.38 crore* traffic violations are reported every year in INDIA

**DATA ACCORDING TO MINISTRY OF ROAD TRANSPORT AND HIGHWAYS, GOVT. OF INDIA



IF YOU DO NOT FOLLOW A TRAFFIC SIGNAL,
IT WILL ATTRACT A FINE OF
RS.1000/- UNDER THE MOTOR VEHICLE ACT



PARWAH KARENGE, SURAKSHIT RAHENGE

A creative about the importance of following traffic signal while driving was circulated



SEAT BELTS REDUCE THE RISK OF DEATH BY 45% & CUT THE RISK OF SERIOUS INJURY BY 50%



NOT WEARING A SEAT BELT IN THE FRONT OR REAR SEATS ATTRACTS A FINE OF RS 1,000 UNDER RULE 138 (3) OF THE CENTRAL MOTOR VEHICLE RULES (CMVR)



PARWAH KARENGE, SURAKSHIT RAHENGE

A creative about the importance of wearing seat belt while driving was circulated

January 23, 2023

Celebration of Birthday of Netaji Subhash Chandra Bose

The birthday of freedom fighter Netaji Subhash Chandra Bose is celebrated on January 23 across the country. Since the year 2021 it is celebrated as Parakram Diwas. In Shoolini, poetry writing and poster making competitions were held online to pay respect to this fearless leader whose immortal words 'Give me blood and I will give you independence' continue to inspire millions across the globe. For the competitions held at Shoolini university several students penned down their tributes to Neta ji. They acclaimed his fearless nature that paid no heed to the might of the British Army. Other students drew and painted sketches of Netaji with great skill. Some of the posters bore a very striking resemblance to Netaji. The effort of the students was greatly appreciated.

Total number of participants: - 42



A student made a sketch of Netaji Subhash Chandra Bose



A student painted Netaji in green colour



A painting of Netaji Subhash Chandra Bose

2018

M	S	M	T	W	T	F	S
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

वीर सुभाष
(अमरगाथा) MONDAY 19
WK 08 ■ 050-315

आओ थाप करे उसको, जो सूर्य था एक अंगारा था,
आँखों में स्वप्न असीम लिए, जन-मानस का प्यारा था।

उस नक्षत्र की कथा सुनों, कटक में जिसने जन्म लिया
देश परा भारत-भू की, सुखमय जीवन का त्याग किया ॥

सीख लिया बचपन में पैना पत्थर से इट का जवाब
सहशौर्य चढ़ा परवान निरन्तर, आज़ाद दिन था एक ख्वाब

अवल्ल थे हर क्षेत्र में, किये प्रशासनिक परीक्षा उत्तीर्ण,
सरकारी नौकरी यूँ छोड़ी, जैसे हो कोई वस्तु जीर्ण ॥

भगत सिंह की मृत्यु पर, खफा हुए वह गांधी से,
हा-गए गहन विचारों से, युवाओं पर आंधी से।

कांग्रेस के अध्यक्ष बनें, त्रिपुरा अधिवेशन में
बने प्रिय संगठन बीच, फेंकी यश-कीर्ति नेशन में ॥

जिसने माँगा खून सभी से, देना आजादी लाने को
देश-शत्रु उरतें थे उनसे, तत्पर थे धूल चटाने को।

फूरूकाल का चक्र चला, विमान दुर्घटना बना बहाना,
प्यारे सुभाष असमय गए, गया मातृभूमि का दिवाना ॥

जिनके शौर्य की गाथा को आज भी सुनाया जाता है।
वीर सुभाष, अप्रतिम सुभाष नाम ~~सु~~ दुहराया जाता है ॥

One of the participants written a poem on Netaji



A fusion of tri-color and Netaji's commitment to the Nation

January 31, 2023

Visit to PGI Noida and Karol Bagh

Volunteers of Shoolini University recently had an opportunity to visit Post Graduate Institute of Child Health hospital to meet the parents of the children who are suffering from cancer and being funded by YWC. Their experience was humbling, seeing first-hand how people were

fighting for their lives despite the odds against them made them appreciate life even more. The facilities at the hospital were top-notch, equipped with all kinds of amenities that make it possible for those in need of palliative care receive it. The volunteers spoke with several doctors and social worker who have dedicated themselves towards helping patients get through their treatment Their dedication was inspiring, and they could tell they take great pride in providing quality healthcare to the patients. Personal interaction was done with Shiva and his family. The boy is suffering from blood cancer at a very young age. His family has shown strength and determination throughout this ordeal. They shared stories of the treatments he has gone through including chemotherapy and radiation therapy and how it had affected him physically as well as mentally. His family also said that playing with bat and ball and watching cartoon kept him feeling positive and helped take away some of the fear associated with having cancer.

Total number of participants: - 02



Cancer warrior Shiva with his mother



Children at cancer ward of PGI Noida



Children doing painting at the activity hall



Saket & Manan outside the PGI Noida

February 02 & 03, 2023

YouWeCan Cricket Tournament

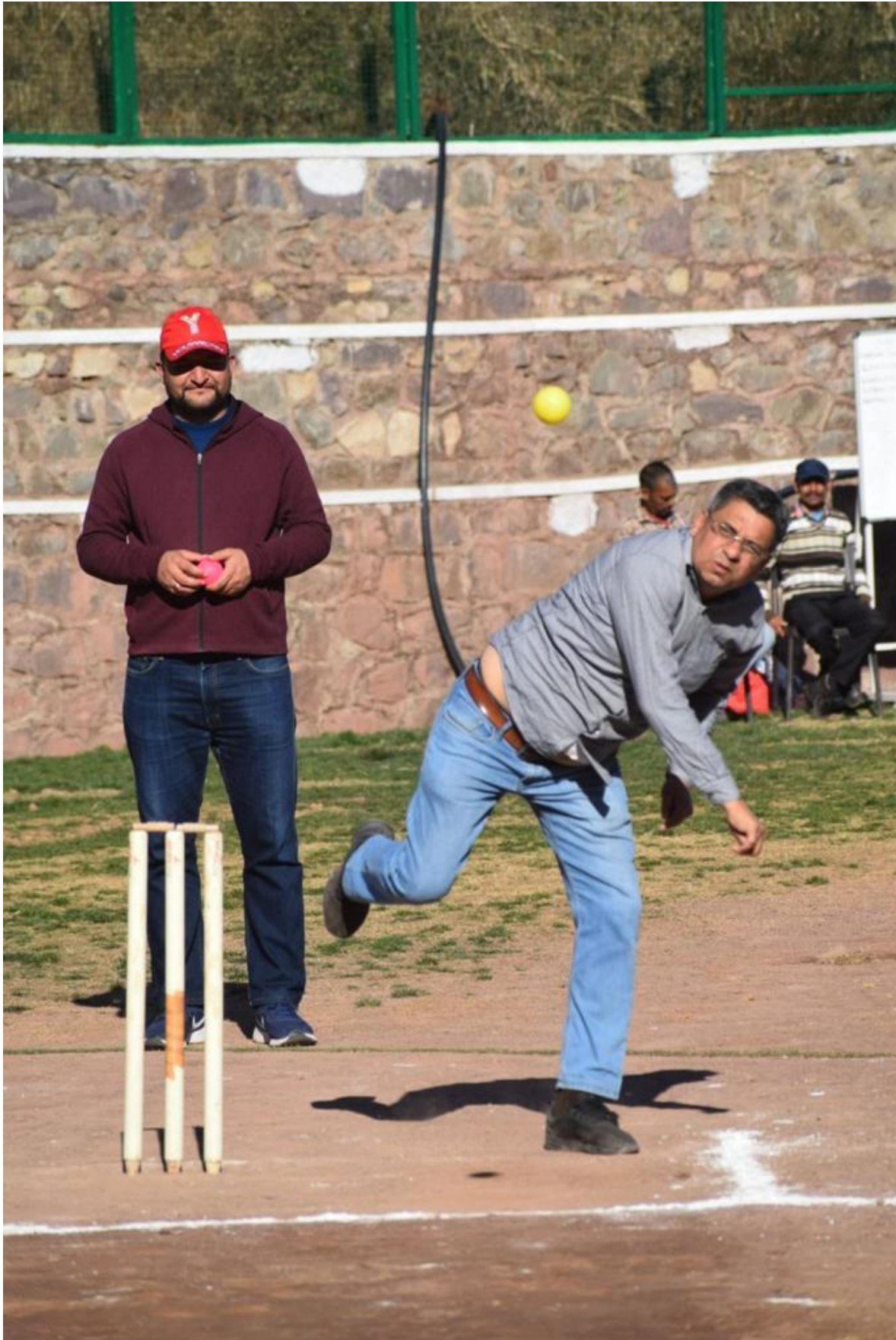
As a part of our drives for raising awareness around cancer, a cricket tournament was organised in Shoolini University on February 02 and 03, 2023. This was a part of the initiatives we undertook for World Cancer Day. The tournament was inaugurated by Dr. PK Khosla.

Eight teams from various departments of Shoolini University took part in this exciting tournament. Faculty members and students of different departments were there at Yuvraj stadium to cheer up their teams. After a hard-fought battle, Baby Boomers (Department of Chemical Sciences) won the winner's title and team CSE were the runners up. Apart from trophies memorabilia signed by legendary cricketer Yuvraj Singh were given to the winners.

Total number of participants: - 88



Trophies, medals, and souvenirs that were awarded to the players



Dr. Pankaj Raizada bowling in the finals



Runners-up team posing for a photograph



Members of winner team with their trophy

February 03, 2023

Talk on Cancer awareness by Dr. Sumedha

As a part of the activities held for awareness on cancer, an extremely engaging and informative talk was organised on cancer awareness and its prevention. It was attended by almost a hundred ladies of the housekeeping staff and other volunteers. Dr Sumedha Kushwaha spoke about the importance of women's health and how we tend to ignore it because of family responsibilities and pressure. She spoke about breast, cervical and lung cancer and provided a lot of relevant information. The session was moderated by DSW Mrs. Poonam Nanda in collaboration with YouWeCan, the foundation of star cricketer Yuvraj Singh.

Total number of participants: - 90



WORLD

CANCER DAY

SPEAKERS



Poonam Nanda
Dean Student Welfare
Shoolini University



Dr. Sumedha Kushwaha
Yuvraj Singh Foundation

TOPIC : CANCER AWARENESS AND PREVENTION

03 FEBRUARY, 2022 | 9:30 AM AT PETER DRUCKER HALL

Poster made for the talk



DSW Mrs. Poonam Nanda welcoming Dr. Sumedha



Dr. Semedha talking about cancer prevention



Housekeeping staff and students attending the talk at PDH

February 04, 2023

IGMC Cancer Ward Visit

On February 04, 2020, a visit to Cancer Ward, IGMC, Shimla was organized. During this visit, 4 members from DSW office of Shoolini University visited the cancer patients ward in IGMC, Shimla. The team had packed the gift packs well in advance for cancer warriors. They distributed gift packs consisting of fruits, food, and sanitary material in it among the patients. They had a chat with each of the patients about their well-being. This activity brought smiles on the faces of most of the cancer warriors and their guardians. The doctors also had a discussion with DSW team about the cancer and cancer patients. All in all, it was a great learning experience.

Total number of participants: - 04



The poster features the Shoolini University logo in the top left corner. In the top center, it says "World Cancer Day 4 February" with a stylized orange logo. To the right, the "YOUWECAN FIGHT CANCER" logo is displayed. The main title "WORLD CANCER DAY" is prominently shown in large, bold letters. Below the title, a quote reads: "A simple smile 😊 That's the start of opening your heart and being compassionate to others. -Dalai Lama". The date "February 4, 2023" is highlighted in a pink box. A call to action "HELP US IN SPREADING SMILES" is in a purple box. Below that, "DONATE HERE" is accompanied by a heart icon. Payment options for "paytm" and "PhonePe" are listed with the ID "@ 7717774606". A QR code is provided with the text "SCAN TO PAY". At the bottom, a collage of photos shows the DSW team interacting with patients in a hospital ward, some receiving gifts and others being comforted.

Poster made for fundraising



DSW Team with a doctor at IGMC



Mr. Shard is having a chat with a veteran cancer warrior



Volunteer Manan talking to and offering gifts to a veteran cancer warrior



Mr. Vipul talking to a cancer warrior



Saket offering gift to a veteran lady fighting with cancer



Manan talking to a cancer warrior who had gone through chemotherapy

February 24, 2023

Manav Mandir Visit

Shoolini made it through another successful meet with IAMD family on February 24, 2023. A bunch of students guided by faculty members Mr. Ankur Bashar and Mr. Suraj Kanwar had a fascinating time with the lovely people of IAMD with mirth, laughter, and a whole lot of emotions. The evening began with a pre-meet with the secretary Mr. Vipul Goyal over tea, biscuits, and smiles.

The session began with a quick and heartfelt introduction by Mr. Vipul Goyal and the evening reached another level of enthusiasm when Mr. Ankur Bashar took over with his guitar, his incredible improvisation skills, and persona, filling the air with music and laughs and energetic conversations. He created impromptu humour with his students/team Avishek Mandal and Sujit Nandi. Vaibhav Rana, another very talented student and a budding flutist gave a beautiful instrumental performance to the crowd. It all ended with game of musical chair which they claimed the game of warriors and players, warriors being the IAMD members and players being their interns and Shoolini volunteers. At the end, a group picture was clicked accompanied by the IAMD President Mrs. Sanjana Goyal. It was a yet another beautiful experience with lots of learning experience for each and everyone.

Total number of participants: - 22



Mr. Ankur Bashir presenting a musical performance



Mr. Suraj sharing quality moments with a muscular dystrophy warrior



Mr Suraj and IAMD founder Vipul Goyal conversing about muscular dystrophy

March 07, 2023

Women's Day Celebration

Shoolini University celebrated International Women's Day with great enthusiasm and dedication. The event took place on the March 07, 2023, at the university's Ratan Tata Hall auditorium. The theme of the celebration was "Embrace Equity," highlighting the need to ensure equal opportunities and rights for women.

The event saw active participation from the university's eight faculties, who prepared and presented various contests in honour of women. These contests included debates, quiz competitions, and cultural performances, among others, showcasing the diverse talents of the students and faculty members. Faculty of Pharmacy were the overall winners of the event whereas faculty of management science won the title of runners-up.

#embracingequity the theme of International Women's Day is a must have and not just nice to have. Through this event, Shoolini University reiterated its commitment to encouraging a safe and inclusive environment for women and fostering their growth and development. The university's unwavering support for women's rights and equality was reflected loud and clear in the International Women's Day celebration. The event was coordinated by Office of dean Student Welfare. The winners were rewarded with trophies and certificates.

Total number of participants: - 180



Everyone hugging themselves as per the theme of Women's Day



Dr. Khosla felicitating a winner of the competition



Dr. Ashoo Khosla with the winner of "Embrace the Equity" walk



Winners of the speech competition being felicitated

March 14, 2023

Blood donation Camp

Shoolini University, in collaboration with the Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh, conducted a successful blood donation drive on March 14, 2023. The event witnessed students and faculty from different departments coming together to donate blood for a noble cause. A total of 105 units of blood were donated during the drive. The event was organized by the office of Dean Student Welfare (DSW) team, led by Mrs. Poonam Nanda. The students volunteered and assisted the doctors in arranging the essential supplies and coordination required for the blood donation drive. Donating blood is a crucial aspect of saving lives. The event organized by Shoolini University in collaboration with PGI, Chandigarh, is a significant step towards promoting blood donation and public health. The University organized these camps regularly as part of social collaboration.

Total number of participants: - 140



A blood donor is going through general health check-up before donation



A photograph of the blood donation camp going on at Sports Complex



Volunteer Asavri donating blood



A volunteer donating blood

March 18, 2023

Session on Cancer in Literature Festival

The third edition of Shoolini Litfest included an insightful session called "Surviving Against Odds," moderated by Dean of Student Welfare (DSW) Poonam Nanda. The session revolved around the uncertainties of life and how one can survive and overcome them. The panellists for the session were Sanjay Deshpande, Aditya Arun, and Pallavi, who shared their own experiences of surviving against the odds and gave advice to the audience.

The session started with Poonam Nanda introducing the topic and the panellists. She emphasized that life is unpredictable, and we must prepare ourselves to face any challenges that come our way. The panellists then shared their personal experiences and how they dealt with unexpected situations. Sanjay Deshpande talked about his near-death experience and how it changed his perspective on life. Aditya Arun shared how he overcame the challenges of being visually impaired and pursued his dreams. Pallavi spoke about her journey of coping with grief and loss and how she found solace in writing.

The discussion highlighted the importance of mental strength, resilience, and having a support system. The panellists also talked about the role of literature in helping people cope with difficult situations. They recommended the book "Don't Ask Me How I'm Doing: Life, Death and Everything in Between" as a valuable resource for people facing similar challenges.

The session was a part of the third edition of Shoolini LitFest, which was a huge success. The LitFest provided a platform for authors, poets, and thinkers to come together and share their thoughts and ideas. The session on "Surviving Against Odds" was an inspiring and thought-provoking discussion that left the audience with a lot to think about.

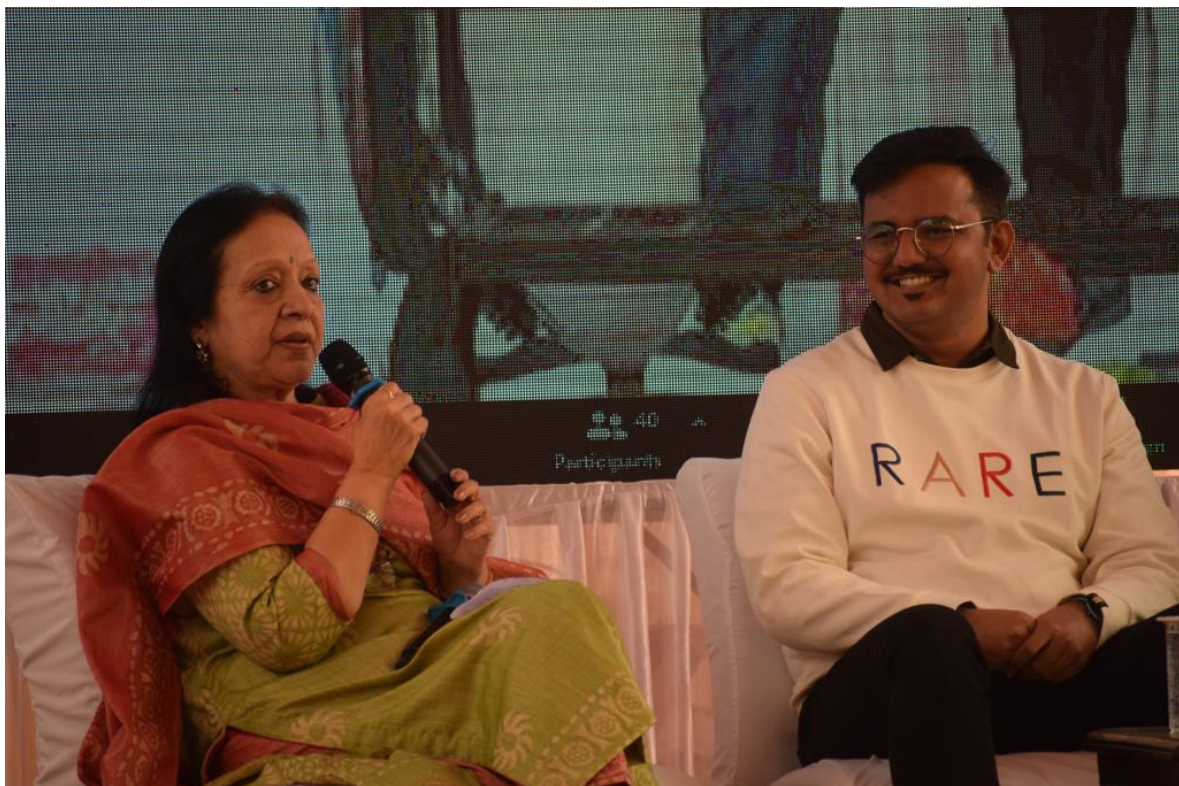
Total number of students participated: - 200



DSW Mrs. Nanda Moderating the event



Ms. Pallavi sharing her journey of fight against the cancer



Mrs. Nanda praising the spirit of cancer warriors



Mrs. Poonam Nanda and Dr. Ashoo Khosla with the panellists

March 20, 2023

World Oral Health Day- Best Smile competition

On world Oral Health Day an online competition with #beproudoyourmouth was declared for all student's faculty and staff. Several entries with beautiful smiles showcasing good oral health were shared. The prize winners were Mrs. Meenakshi Sharma, Ms. Itika Kainthla and Pallavi Chauhan. All of them were given Amazon gift vouchers. This event helped us to raise the importance of oral health in our lives.

Total number of participants: - 86



Photograph of the winners of the competition

April 06, 2023

Medical Check-up Camp

The health check-up camp is an excellent opportunity for people to get their health checked for free. It is especially important during these testing times when there is a threat of covid again. With the health camp being organised in the campus no one must step out of they are facing any medical issues.

Shoolini University organized a health check-up camp in collaboration with MMU, Solan on World Health Day. The camp will provide free medical check-up to people in the region, with doctors from MMU coming from the fields of orthopaedics, gynaecology, cardiac and ophthalmology. The health check-up camp was held at the Milkha Singh Sports Complex, from 10 AM to 3 PM. A total of 148 faculty staff and students got themselves checked in the medical check-up camp organised at the university.

Mrs. Poonam Nanda, the Dean Student Welfare, expressed her enthusiasm about the event, saying, "We are pleased to collaborate with MMU, Solan, to provide free medical check-ups for the people of the region. Health is a critical aspect of life, and we must take care of our bodies. This health check-up camp supported by MMU is an excellent initiative, and we hope to continue providing such services to the community."

Total number of participants: - 180



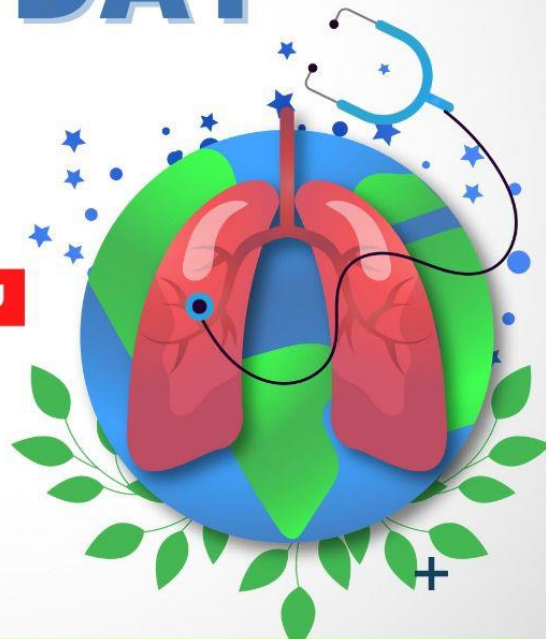
WORLD HEALTH DAY

MEDICAL

CHECKUP CAMP

IN COLLABORATION WITH MMU

- GENERAL MEDICINE
- OPHTHALMOLOGY
- GYNAECOLOGY
- ORTHOPAEDICS



Good health is not something we can buy. However, it can be an extremely valuable savings account

 Milkha Singh Sports Complex

 6th April, 2023

 10:30 AM Onwards

Poster made for the medical camp



VOLUNTEER

WORLD HEALTH DAY

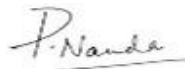
MEDICAL

CHECKUP CAMP

April 06, 2023

NAME

**** The card is non-transferable.**



Poonam Nanda
Dean Student Welfare



INDIA'S NO.1 PRIVATE UNIVERSITY

A copy of the I Cards made for the volunteers



A copy of the volunteering certificates made for the volunteers



Ankur Bashar consulting doctors at orthopaedics counter



A medical check-up going on



A photograph of Shoolini volunteers and doctors from MMU

April 07, 2023

Visit to IAMD

On April 07, 2023 almost 25 volunteers from Shoolini University went to Manav Mandir with the sole aim of bringing smiles on the faces of people going through muscular dystrophy and their care givers. The evening started with an introduction to Shoolini University and the reason of the students being there. The volunteers sang, danced, and played games. Age was no bar as senior citizens also joined the activities. The young children loved the tattoos that were painted on their hands. The evening ended with Mr Vipul Goyal thanking the volunteers for a wonderful evening that entertained the inmates and brought a smile on everyone's face.

Total number of participants: - 25



Volunteers Ayush and Shilpi presenting a dance performance



Vaibhav presenting his flute performance



Volunteers talking to the guardians of Muscular Dystrophy Warriors



A volunteer with a child



Volunteers Asavri making tattoo on hands of a child



Muscular dystrophy warriors and their guardians enjoying the cultural evening



Mr. Vipul Goyal expressing gratitude towards Shoolini University & volunteers

April 15, 2023

Visit to Manav Mandir

On April 15, 2023, 22 volunteers from Shoolini University went to Manav Mandir with the sole aim of bringing smiles on the faces of people going through muscular dystrophy and their care givers. The evening started with an introduction to Shoolini University and the reason of the students being there. The volunteers sang, danced, and played games. Age was no bar as senior citizens also joined the activities. The young children loved the tattoos that were painted on their hands. The evening ended with Mr Vipul Goyal thanking the volunteers for a wonderful evening that entertained the inmates and brought a smile on everyone's face.

Total number of participants: - 22



Volunteer Ayush and his dance partner during a folk performance



Volunteer Manan with a child



Volunteers interacting with a kid



A muscular dystrophy warrior enjoying the show



The participants enjoyed the cultural evening

April 17, 2023

World Earth Day -G20 Banner Painting Competition

To celebrate a weeklong Earth Day celebration, Shoolini University organized a banner printing competition on the campus. The competition was held between the departments of the university, and the theme for the banners was around Earth Day and G20.

The event was well received by the participants, and the creativity and unique ideas displayed in the banners were outstanding. Each department sent their best participants to showcase their artistic abilities and passion for the environment. The event was held in Ratan Tata Hall, and the banners were displayed on the stage for judging. The judges were a panel of experts in art, design, and environmental studies, who evaluated the banners based on creativity, relevance to the theme, and overall impact.

The banners were a visual treat, with each participant bringing their own unique style and message. The banners were hand painted so as to reduce the use of plastic banners. Some banners depicted the need for sustainable development, while others showcased the beauty of nature and the importance of preserving it. The G20 theme was also well-represented, with some participants highlighting the need for international cooperation in environmental issues. The event was organised and coordinated by Dean Student Welfare office of Shoolini University.

Total number of participants: - 90



Poster made for the event



Students from Faculty of Management Sciences and Liberal Arts with their banner



Students from School of Bioengineering with their banner



Students from Faculty of Pharmaceutical Sciences with their banner



Students from School of Biotechnology with their banner

April 18, 2023

Digital Poster Making Competition on SDGs

The Digital Poster Making Competition on SDGs was organized by the DSW office of Shoolini University at the Cineplex on the campus. A total of 21 participants from different departments of the university took part in the event. The objective of the competition was to encourage participants to showcase their artistic abilities while spreading awareness about the Sustainable Development Goals.

The competition had a theme based on the 17 SDGs, which the participants were required to depict in their posters. They were allowed to use graphic designing tools such as Canva, Illustrator, or any other designing app of their choice to create their posters. The event was held in a spacious auditorium, providing ample space and resources to the participants to create their posters.

The posters created by the participants were inspiring and visually appealing. The posters depicted the SDGs in unique and creative ways, portraying various aspects of sustainable development. The participants skilfully used different colours, typography, and graphics to create their posters, making them a perfect blend of art and technology.

Total number of participants: - 36



Students making digital posters



Competition going on in Cineplex



Students working in teams

April 19, 2023

Quiz competition

School of Biotechnology along with Engineering organized a quiz on Sustainable development Goals on 19th April 2023, the quiz had three difficulty levels. Students from all Faculties participated in this exciting informative contest. It started with a rapid fire round where the fastest to answer goes to the second round, in the second round, word puzzles based on Earth Day were given to students for solving, students who cleared this round entered the finals. Groups of two from all department in the final round were given scrambled letters to unscramble within a fixed time limit, joint winners of this competition were Pharmacy and Environmental Sciences.

On April 21, 2023, the sustainability stalls at Shoolini University saw the Biotechnology and Engineering joining forces for a stall selling fruit-based salad and green moong sprouts based bhel. The message was to promote sustainable food habits which are both delicious and nutritious.

Total number of participants: - 22



Dr. Riya anchoring at the quiz competition



Organizers of the competition at PDH



Participants taking the quiz

April 19, 2023

Plantation Drive- Faculty of Science and Faculty of Agriculture

A plantation drive was organized by the Faculty of Science and Faculty of Agriculture, Shoolini University, near Yogananda Villa area of the university, on 19th April 2023, as a part of Earth Week celebration. The main motive behind this event was to promote sustainability and encourage students to contribute towards a greener planet.

The plantation drive was a huge success with a significant participation of both faculty members and students. The organizers provided saplings of various native species and guided the participants on how to plant them properly. The event started at 2:00pm and continued till 5:30pm in the evening, during which several saplings were planted by the participants.

The event not only helped in promoting the idea of sustainability but also provided an opportunity for students to learn about the importance of native species and their role in maintaining the ecosystem. Moreover, it was a great way to involve students in community service and install a sense of responsibility towards the environment.

Overall, the plantation drive organized by the Faculty of Science and Faculty of Agriculture at Shoolini University was a successful initiative towards promoting environmental sustainability and educating students about the importance of native species. It was a step towards creating a better future for the planet and its inhabitants.

Total number of participants: - 120



Volunteers gathered before leaving for the tree plantation drive



Volunteers planting the saplings

April 19, 2023

Declamation Contest- World Earth Week

Previous week was full of festivities in Shoolini University as we celebrated World Earth Day which is marked on April 22nd. At the UNESCO convention in 1969, peace campaigner John McConnell proposed the notion of observing Earth Day. On this day, representatives from numerous nations take an oath to safeguard the environment and work toward a sustainable future. The renowned Paris Agreement was signed in 2016 by 120 nations, including the US, China, and others. Mother Earth is currently dealing with several environmental problems because of human beings' self-centred needs. We have everything we need on Earth, thereby promoting efforts to safeguard the Earth and its resources is the key reason for Earth Day celebrations around the world.

Hence, students united for spreading awareness about Sustainable development goals. A plethora of competitions were conducted in campus from banner making, Digital quiz, plantation drive, quiz, poster making and declamation competition. Declamation competition was organised on April 19, 2023, in Pharmacy department. The topics were Vasudhev Kutumbakam, women in governance, climate finance, digital transformation for environmental sustainability, India as a global leader in environmental transformation. The students from various departments participated in this competition. It was a sort of interdepartmental competition, in which Faculty of life sciences and Faculty of Pharmaceutical Sciences were the winners.

Total number of participants: - 36



All the participants and organizers posing for a group photograph

April 20, 2023

Idea pitching on Sustainability by Radio Shoolini

Idea pitching session at Radio Shoolini was conducted by two journalism students, Charumathi and Hritik, put forth ideas on sustainable living. The students emphasized the importance of adopting simple habits like turning off lights when not in use, cycling, and reducing food waste. These small actions can collectively lead to a significant positive impact on the environment. The students' ideas resonated with the audience, and their contributions were well-received.

Another noteworthy activity at the session was the "best out of waste" creation by students from Faculty of Management Sciences and Liberal Arts students. They used discarded items such as used plates, newspapers, and plastic bottles to create a human figure. The figure had a plastic bottle planter where the head would be, symbolizing positive and green thoughts. Furthermore, a steel bottle was included to promote the use of non-plastic water containers, and a plate filled with rice was added for the birds. This creative model showcased how discarded items can be upcycled and repurposed for a sustainable living.

The idea pitching session and the "best out of waste" activity were inspiring examples of how individuals can contribute towards environmental sustainability. They demonstrated how small actions and creative thinking can go a long way in making a positive impact on the environment. Such initiatives should be encouraged and promoted to spread awareness and motivate others to adopt a sustainable lifestyle.

Total number of participants: - 18



Charumathi and Hritik conducting the show



All the organizers of the show at Radio Shoolini

April 21, 2023

Selfie Booth by Satrangi Stokes Club on Earth Day

On the eve of Earth Day, the members of Satrangi Stokes Club at the university came up with a unique idea of setting up a selfie booth using sustainable products such as newspapers and other recycled materials. The club members used their creativity to create an attractive and eco-friendly selfie booth, which was appreciated by the students and staff of the university. The club members used old newspapers, cardboard boxes, and other recycled materials to construct the selfie booth. They also decorated it with natural materials such as flowers, leaves, and twigs, giving it a beautiful and natural look.

A competition for all faculty, staff and students was launched. People were asked to dress in colours of green and blue and get pictures taken. The selfie booth was a hit among the students, who were excited to click pictures in the eco-friendly setup. The club members assisted the students in clicking pictures and encouraged them to use the hashtags #SustainableSelfie and #EarthDay2023 to spread awareness about sustainable practices and the importance of Earth Day.

Total number of participants: - 200



Juhi Babbar getting a photograph clicked on Selfie booth



Ms. Pooja Verma, Dr. Nitika Thakur, and Deepshikha on selfie booth

April 21, 2023

Sustainability Contest at Shoolini University

The DSW office of Shoolini University recently organized a Sustainability Contest aimed at promoting sustainable practices and creativity among the students. The contest included several activities such as Kulhad painting, stone painting, face painting, and best out of waste. The contest was held at Pine Court and the participants were divided into different levels based on their creativity and experience in art. The event attracted many participants from various departments, and the enthusiasm of the students was commendable.

The Kulhad painting competition was a hit among the participants, who used their creativity to decorate the traditional clay cups which were already used for tea with vibrant colours and designs. The Stone painting competition saw some amazing artwork, with participants using stones of different shapes and sizes to create beautiful paintings. The face painting competition was a big draw, with participants using their faces as a canvas to showcase their creativity. The best out of waste competition was also popular, with participants creating useful and attractive objects from waste materials such as bottles, cans, and cardboard boxes. The Sustainability Contest was a great initiative by the DSW office of Shoolini University, and it received a positive response from the participants and the university community.

Total number of participants: - 120



A stall put by School of Agriculture



A stall put by Foodtech faculty and students

Sustainability Mela

On the eve of Earth Day, a sustainable mela was organized at Shoolini University by the Dean of Student Welfare. The event aimed to create awareness about sustainable practices and promote responsible environmental behaviour among the university's faculty, staff, and students. The fair showcased various sustainable stalls set up by the students, and organizations like Earth Just and Goonj supported the event. The stalls exhibited innovative and eco-friendly products such as reusable bags, organic skincare products, and upcycled fashion items. The students demonstrated their creativity and knowledge on sustainability through various activities such as poster painting competitions, quizzes, and tree plantation drives.

The event was graced by the presence of chancellor Prof. P.K Khosla and Juhi Babbar Soni, a famous theatre artist. One of the most significant highlights of the event was the food stalls that promoted sustainability. These stalls served locally sourced, organic, and plant-based foods, encouraging people to make more informed and sustainable food choices. The food stalls also promoted the use of eco-friendly and compostable food packaging, which helped reduce the impact of plastic waste on the environment.

The university's faculty, staff, and students participated actively in the celebrations and pledged to take care of the environment and promote sustainability. The event provided a platform for the students to showcase their creativity and knowledge on sustainability, and it is hoped that it will inspire them to be responsible global citizens who contribute to building a sustainable future. Dean Student Welfare emphasized the importance of creating awareness about the impact of human activities on the environment and taking steps towards sustainability. The enthusiasm and commitment shown by the university's students towards this cause were commendable.

Total number of participants: - 600



A stitching stall put by ladies



Juhi Babbar buying a bag at a stall



Members of School of Agriculture with their products

May 01, 2023

International Workers' Day

International Workers' Day, also known as Labor Day or May Day, is a global observance that takes place on May 1st each year. It is a day dedicated to honouring the achievements and contributions of workers worldwide.

Shoolini University organized wonderful celebration of International Workers' Day. It is great to see an event that recognizes and appreciates the hard work and contributions of employees. Refreshments were served as a nice gesture to provide a special treat and show gratitude for their efforts. Some games were also organized to create a fun and engaging atmosphere, allowing employees to relax and enjoy themselves. Honourable Chancellor Dr. PK Khosla addressed the workers which added a sense of importance and significance to the occasion, showing that their work is valued and recognized at the highest levels. Overall, it was a memorable and enjoyable event to celebrate International Workers' Day.

Total number of participants: - 400



Dr. PK Khosla addressing the workers



“Light the candles” game being played



A game going on



Workers taking the refreshments



A photograph of all the workers with Chancellor Dr. Khosla

May 07, 2023

World Laughter Day

World Laughter Day aims to raise awareness of the many benefits of laughter and the importance of staying happy. World Laughter Day is celebrated globally every year on May's first Sunday. In 2023, it fallen on May 7, when people from all over the world come together to observe this joyful occasion.

In 1988, Dr. Madan Kataria, the founder of the Laughter Yoga movement, established World Laughter Day to raise awareness about the positive impact that facial expressions can have on one's health. This day has significant benefits for individuals and society. One of its primary objectives is to promote world peace and foster brotherhood and friendship through laughter. Laughing creates bursts of energy in the body, promoting positivity and an optimistic outlook. In Shoolini University, NSS volunteers went to meet staff members, shopkeepers and local vendors within the campus and got some photographs captured while smiling with them. The aim of this activity was to inculcate a sense of brotherhood and community within the participants. All the volunteers, staff members and vendors were very happy with the activity.

Total number of participants: - 84



Poster made for the event



Volunteer Aman getting a photograph captured with a Kulchawala



Volunteer Simran getting a photograph captured with housekeeping staff



A volunteer getting a photograph captured with a lady chef from the mess



Volunteer Shubh getting a photograph captured with a security guard

May 15, 2023

Mother's Day- A workshop for Housekeeping Staff

An event which was a combination of thanksgiving, fun activities, and a workshop on making bags without sewing was organized. The event was organized at activity hall of C-Block of the Girls' Hostel. It started with DSW Mrs. Poonam Nanda addressing the housekeeping ladies and sharing the importance of a mother in a family. Then the participants were invited to come in front and share their story of how celebrated Mother's Day and how their bond is with their children. Then Antakshri was played by dividing the ladies into three teams. The ladies were very excited while playing and all the teams given tough competition to each other. After this Head Warden of the Girls Hostel, Mrs. Shubhra joined the event to conduct a workshop on "How to make old bags with old T-shirts without needing a sewing machine". The ladies made the bags with T-Shirts provided to them. The event brought a smile on the face of everyone who participated in the event. Everyone was a gifted a Chocolate. Refreshments were served at the end.

Total number of participants: - 45



DSW Mrs. Poonam Nanda addressing the housekeeping ladies



Ladies enjoying the Antakshari



Mrs. Shubhra teaching ladies how to make bags without sewing



A group photograph of some of the ladies with DSW Team

May 16, 2023

Mother's Day Celebrations

In continuation of Mother's Day celebrations, a get together for mother's was held at the faculty club on May 16, 2023. It was an invite for cake cookies and coffee meet. Ladies turned up in big numbers to relax enjoy coffee and a nice chit chat. A Kulhad painting competition was also organised in which the ladies took part with lots of enthusiasm. It was an amazing day and highly appreciated by everyone who attended the celebration.

Total number of participants: - 60



The poster features a light green background with a white floral border at the bottom. In the top left corner is the Shoolini University logo, and in the top right is the G20 India 2023 logo. The main title 'MOTHER'S DAY CELEBRATIONS' is written in large, bold, pink letters. Below it, the text 'CAKES !! COOKIES!! COFFEE!!' is written in a smaller, pink font. The main body of text is in a cursive font, starting with 'Mommie Dear.' and followed by a paragraph of appreciation. The date and time 'MAY 16 | 12:00 TO 1:00 PM' and the location 'FACULTY CLUB' are centered at the bottom between two horizontal lines.

Shoolini University

G20
भारत 2023 INDIA

MOTHER'S DAY CELEBRATIONS

CAKES !! COOKIES!! COFFEE!!

Mommie Dear.
We have planned a token of love filled with laughter and appreciation for all that you do. It will be an opportunity for us to express our gratitude and shower you with the love you deserve.

Please join us for a memorable day dedicated to celebrating the amazing mother you are.

MAY 16 | 12:00 TO 1:00 PM
FACULTY CLUB

Poster made for the show



Mrs. Sarika won the 1st prize in Kulhad painting



Faculty members participating in Kulhad painting competition



A photograph of the lady faculty members with DSW Team

May 16, 2023

In a conversation with Sanjeev Arora

A mentorship open house was conducted by Mr. Sanjiv Arora, former Secretary of the Ministry of External Affairs, Government of India, and Chief Advisor of External Affairs at Shoolini University. The session provided an opportunity for students to engage in a two-way interaction with Mr. Arora, seeking guidance, sharing experiences, and gaining insights into the field of external affairs. This report highlights the key aspects of the mentorship open house.

The open house facilitated direct interaction between students and Mr. Sanjiv Arora, creating a conducive environment for knowledge sharing and mentorship. Students had the opportunity to ask questions, seek career advice, and discuss their academic and professional aspirations. Mr. Arora shared his extensive expertise in external affairs, providing valuable insights into the field. He discussed the various dimensions of diplomacy, international relations, and India's foreign policy, addressing the students' queries and providing practical guidance for pursuing a career in this domain. The mentorship session included anecdotes and real-world experiences shared by Mr. Arora, offering students a glimpse into the challenges and opportunities in the realm of external affairs. These stories provided valuable lessons and inspired students to pursue their aspirations with determination and resilience. Mr. Arora emphasized the significance of personal development and highlighted essential skills and qualities required for success in the field of external affairs. He offered valuable career guidance, stressing the importance of continuous learning, adaptability, and ethical decision-making.

The mentorship open house conducted by Mr. Sanjiv Arora at Shoolini University provided an invaluable opportunity for students to engage in a meaningful interaction with an experienced advisor in the field of external affairs. The session not only enriched students' understanding of the domain but also inspired and motivated them to pursue their goals with determination. The event exemplified the importance of mentorship and highlighted the immense benefits it offers in shaping the future of aspiring professionals.

Total number of participants: - 16



Ambassador Sanjeev Arora addressing the students



Ambassador Sanjiv Arora answering the questions



Students listening to the speaker

May 17, 2023

A quiz on Mother's Day

A quiz competition was organized on Mothers' Day on May 17, 2023. The quiz was conducted in online mode on e-Univ. The quiz consisted of 10 questions with time attempt time limit of 5 minute. The quiz was opened in the evening for all at 6:30pm and was closed at 6:38pm. The quiz was based on life of successful women over the world. The participant Total of 72 people participated in the quiz. The winner of the quiz competition was gifted Amazon Voucher.

Total number of participants: - 72



Poster made for the Quiz

May 17 to 21, 2023

Poetry Competition- Mother's Day

A poetry competition was organized on the theme of Mother's Day. The competition was open to all the faculty, staff, and students of Shoolini University. The theme of the poetry was "Show your love for mom". The participants had to submit poems written by them with maximum of 15-16 sentences. An online Google Forms link had been circulated to submit the entries. The participants created poems in their own words following the guideline of the competition. Participants submitted their entries online via Google Forms. The two best entries won the Amazon vouchers of Rs. 500 each.

Total number of participants: - 64



May 18 to May 20, 2023

Selfie booth on Mother's Day

The official Mother's Day arose in the 1900s because of the efforts of Anna Jarvis, daughter of Ann Reeves Jarvis. Following her mother's 1905 death, Anna Jarvis conceived of Mother's Day as a way of honouring the sacrifices mothers made for their children.

Mother's Day is celebrated every year in Shoolini University. This year many events were organized one of them being putting up selfie booth by Satrangi Strokes. The selfie booth was prepared with great efforts by club members. After this, it was put up outside of Registrar's office. Lots of students and faculty members came and got their photographs clicked on selfie booth. This effort was appreciated by Chancellor Dr. Khosla and DSW Mrs. Poonam Nanda.

Total number of participants: - 100



A photograph of Pinky Thakur with DSW Mrs. Poonam Nanda



Ms. Pinky getting her photograph captured on Selfie booth



Ms. Pooja Verma getting her photograph captured on Selfie Booth

May 18 to May 20, 2023

Online Youth Parliament

The Youth Parliament 2023 – “Sustainable Ideas for a Better tomorrow: India for the World” was organized in a virtual mode. The event was inaugurated by Chancellor of the University, Prof. Prem Kumar Khosla. The chancellor in his welcome address focused on the importance of ideas and their implementation for the better future of the nation and the initiative taken by the university for the same. He also briefed the importance of working on the ideas for better world. Mr Vipin Pubby, Senior Journalist and Dean, School of Journalism and Mass communication, and experts from HP ENVIS Hub were the esteemed judges for the event. The participants virtually discussed and debated on topic How can we manage natural disasters with sustainable practices and Role of individuals/ households in adopting environment friendly conservation measures. The participants enthusiastically made valid points for sustainable development of our environment preservation. The event was coordinated by Dean Student Welfare Mrs, Poonam Nanda. Out of 12 Participants, Shubh Rana won the competition and was selected for the National Level Youth Parliament that happened at Delhi.

Total number of participants: - 12



Gautam Sukhija Participating in Youth Parliament



Shubh Rana presenting her views

May 27, 2023

Manav Mandir Visit

On May 27, 2023, a trip to Manav Mandir Solan was organized. Twenty-two volunteers from Shoolini University participated in this event. Manav Mandir Solan is working as Muscular Dystrophy Centre where not only therapies related to muscular dystrophy provided but also a family like atmosphere is created so that muscular dystrophy warriors do not feel left out in the society. The muscular dystrophy warriors had come to IAMD Centre with their guardians for a weeklong residential and therapeutical program in proper supervision of doctors. The evening started with volunteer Diya Gupta introducing all the volunteers to everyone. After this cultural evening started with the songs, comedy, and dance performances by Shoolini volunteers. The volunteers had prepared various songs and dances for the children who had come for their physiotherapy to the Centre. Family members who accompanied the patients, also participated, and enjoyed the activities. The management of Manav Mandir appreciated the efforts of Shoolini volunteers for their regular visits to the Centre and spending time with patients of muscular dystrophy.

Total number of participants: - 18



Volunteers Gautam and Diya anchoring the event



A volunteer talking about fight against muscular dystrophy



A fun activity being played



Muscular dystrophy warriors and their guardians enjoying the event

May 28, 2023

Picnic with a Purpose- IAMD

On May 28, 2023, a picnic was organized by IAMD for muscular dystrophy warriors. They had planned the picnic to Mohan Heritage Park. A total of 8 Shoolini volunteers went with Muscular dystrophy warriors for this picnic. At 9AM in the morning, two buses and some cars full of muscular dystrophy warriors and their guardians along with IAMD staff started from Manav Mandir. All of them reached at picnic location near Ashwani Khadd in next 100 minutes. As everyone got off the vehicles, refreshments were served. After this, some fun and games followed by singing and dancing were organized. A session on singing and dancing was also organized which everyone enjoyed very well.

Total number of participants: - 08



Volunteers and muscular dystrophy warriors playing with each other



Participants dancing on Nati beats



A photograph of all the participants

May 28, 2023

Trek to Karol- Say No to Tobacco

A hiking to Karol was organized on May 28, 2023. A 52-seater bus started from Shoolini University at 7AM in the morning. The volunteers of NSS and NCC boarded the bus. The bus took them to Chambaghat Solan. From Chambaghat, the volunteers started hiking upwards. The volunteers had taken the posters made for Say No to Tobacco with them. The volunteers did some fun activities amongst themselves when they took a halt in the midway. After this, as they reached Karol village, the volunteers were invited by local villagers to eat at Dhaam which was organized by villagers of Karol village. The volunteers educated villagers on the ill effects of Tobacco use. It was a picnic with a purpose which was greatly enjoyed by all the volunteers.

Total number of participants: - 55



Volunteers gathered under a flyover in Chambaghat before hiking



NSS volunteers during their hiking



A group photograph of all the volunteers at Karol

May 26 to June 05, 2023

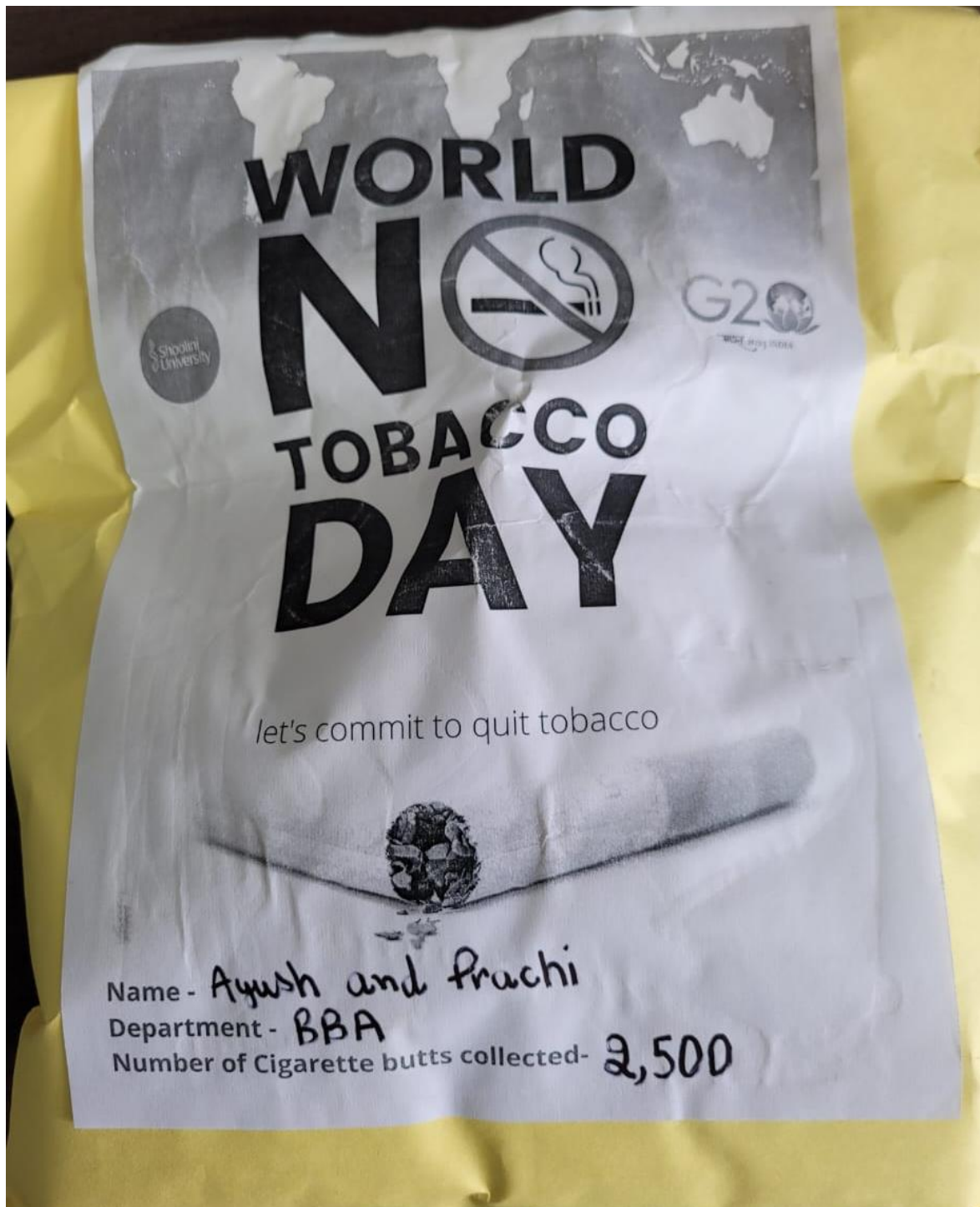
Cigarette Butts Clean up- World No Tobacco Day

A unique initiative of collecting cigarette butts and spreading awareness was organised in Shoolini University in collaboration with YouWeCan. Envelopes and gloves were given to the students for the activity. The students had to collect a minimum of 100 cigarette butts and to enclosed them in envelopes and submit them with the DSW Office. The activity was open for 10 days. The response was excellent as students set out to collect the number one pollutant of the world. Tiny but deadly cigarette butts are the No. 1 most littered item in the world. Volunteers collected the cigarette butts and submitted them enclosed in envelopes with DSW Office. Top 3 winners were awarded Amazon vouchers.

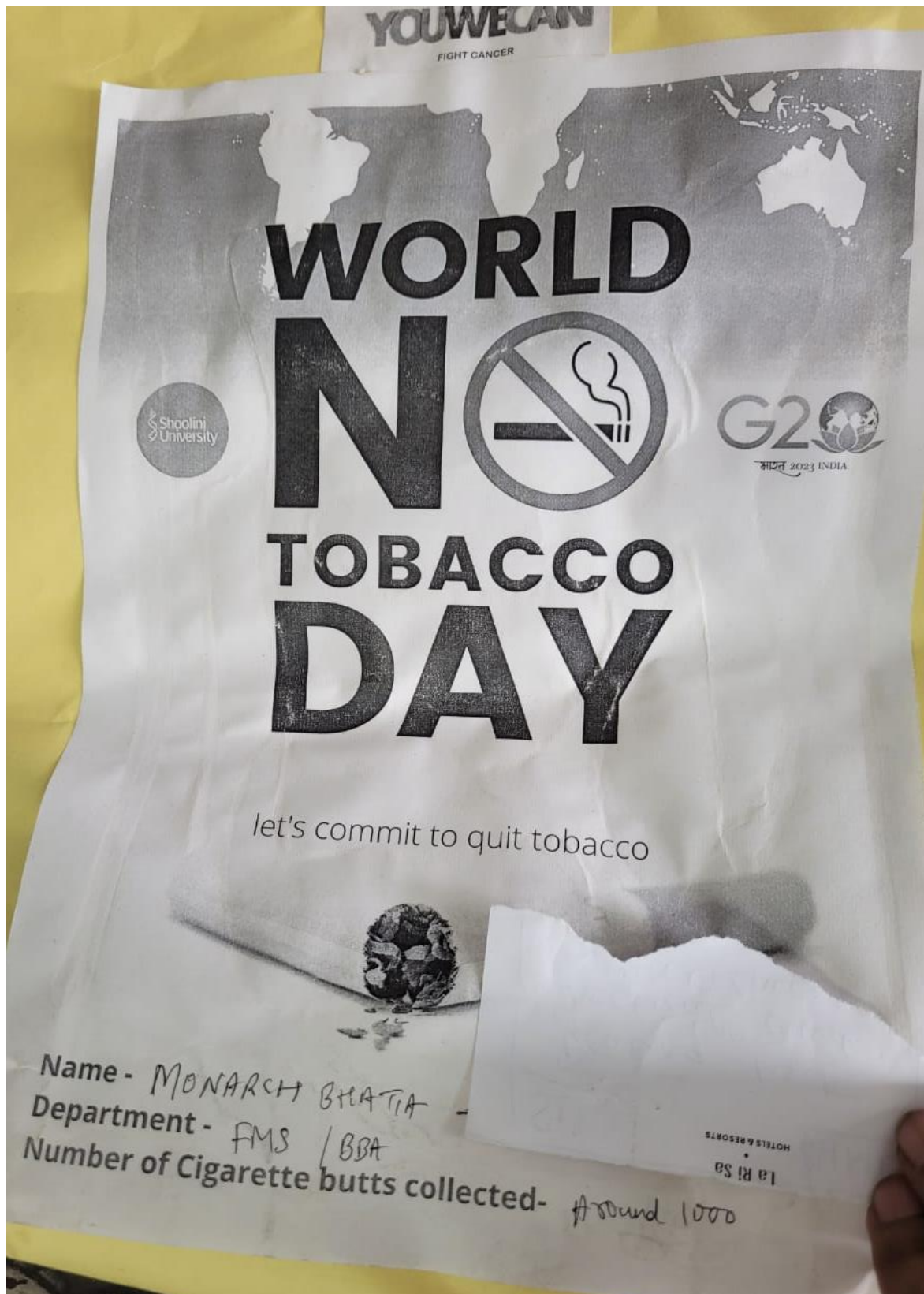
Total number of participants: - 36



Poster with the volunteers with their envelopes



An envelope of collected cigarette butts



Envelope of cigarette butts collected by a student

June 03, 2023

Shoolini Shaniwar Swachhata Sena- Cleaning drive

The cleaning drive was held on June 03, 2023, near Shoolini University campus. A total of 14 volunteers from different departments participated this cleaning drive. This cleaning drive is held every Saturday to make university and its premises neat and clean. The concept of this Saturday was to collect the garbage and to spread smiles. A total of 4 bags were filled from collected plastic and were sent to garbage processing unit. The idea behind this is to sensitize the university students to keep the in and out of the premises neat and clean. This concept is the brainchild of DSW Mrs. Poonam Nanda. The volunteers were provided with the refreshments at the end of the drive. Some games were played at the end of the cleaning drive.

Total number of participants: - 14



Volunteers collecting the garbage



Volunteers with the placards and collected garbage



A photograph of all the volunteers



Tug of War game was played by volunteers after the cleaning drive

June 03, 2023

World Bicycle Day- Bicycle Ride

World Bicycle Day, celebrated on June 3rd each year, is a fantastic opportunity to promote cycling and its many benefits. Shoolini University organized a bicycle ride for its students to commemorate this day. Organizing such an event not only encourages physical activity but also raises awareness about the environmental and health benefits of cycling. Riding bicycles can help reduce carbon emissions, promote a healthier lifestyle, and create a sense of community among participants. The bicycle ride was a success, and the students enjoyed this experience. The purpose of taking initiatives like this is to promote sustainability and well-being.

Total number of participants: - 8



The poster features a white background with a diagonal grey section on the right. At the top left, there are three logos: Shoolini University (a red circle with a white DNA helix), G20 India 2023 (a globe with 'G20' and 'INDIA 2023'), and World Bicycle Day (a globe with a bicycle wheel). The main text is in large, bold, black and green fonts. The event details are listed in a black box at the bottom left. On the right side, there is a photograph of a man in a white polo shirt and a black cap riding a red bicycle.

**This
World
Cycling
Day**

**Ride
for
Sustainability**

**Saturday
June 03,2023
starting at 9 AM
Milkha Singh Sports Complex**

Poster made for the activity



Bicycles were well checked before starting the ride



Cyclists taking a halt during the ride



A photograph of the ride

June 04, 2023

Swarnim Himalaya Summit Shimla

The Swarnim Himalaya Conference recently took place in Shimla, showcasing the collective efforts towards healing and sustainability of the Himalayas. The conference aimed to bring together various stakeholders, including environmentalists, researchers, and policymakers, to discuss and strategize ways to preserve and restore the Himalayan ecosystem. This report provides a brief overview of the conference, highlighting key participants, notable events, and the emphasis on zero expense experience and experimentation. The conference was honoured to have Diya Mirza, a renowned actress and environmental activist, as the chief guest. Diya Mirza's presence not only added star power to the event but also highlighted the importance of environmental conservation. Her passion for sustainable living and commitment to environmental causes served as an inspiration to all attendees.

Shoolini University was appreciated and recognized for the efforts and initiatives undertaken to heal the Himalayas. The event served as a platform to acknowledge and celebrate the work of environmentalists, local communities, and institutions dedicated to preserving the Himalayan ecosystem.

Sustainability was a central theme throughout the conference. The discussions revolved around finding sustainable solutions to address challenges such as climate change, deforestation, biodiversity loss, and waste management in the Himalayan region. The Swarnim Himalaya Conference encouraged all stakeholders to combine their efforts to achieve significant impact. The event fostered networking opportunities and collaboration among individuals and organizations working towards a common goal

One unique aspect of the conference was its commitment to providing a zero-expense experience and promoting experimentation. The organizers aimed to minimize resource consumption, reduce waste generation, and create an eco-friendly event. This approach not only aligned with the principles of sustainability but also set an example for future conferences and events.

Total number of participants: - 02



Mrs. Prabodh Saxena presenting her views on environmental conservation



A photograph of the Mr. & Mrs. Nanda and Pradeep Sangwan with Diya Mirza



Mr. Pradeep Sangwan talking about the future possibilities of the initiative



Sh. Lalit Jain expressing his views



A photograph of dignitaries and audience

June 05, 2023

Environment day at Manjholi School

World Environment Day is celebrated annually on June 05 and encourages awareness and action for the protection of the environment. It is supported by many non-governmental organizations, businesses, government entities, and represents the primary United Nations outreach day supporting the environment. In Shoolini university, this day is celebrated every year. This year on World Environment Day, some students and faculty members of Shoolini University visited the Manjholi School that is situated right next to the university campus. As everyone reached the school, the school children were gifted chocolates and eatables. A short movie on environment was shown which children enjoyed very much. After this, a Kulhad painting activity was done in which volunteers from Shoolini University taught the children at School about how to paint the Kulhads. This activity was followed by a dance on Nati. This activity was enjoyed by everyone present there.

Total number of participants: - 36



A volunteer teaching a little girl how to paint Kulhad



School students dancing on the stage



A little girl painting the Kulhad



Volunteer Aman taking a session on how to save environment



Little students painting the Kulhads



A photograph of volunteers and students with DSW Mrs. Poonam Nanda

June 05, 2023

Visit to IAMD Centre

On June 05, 2023, a trip to Manav Mandir Solan was organized. Eighteen volunteers participated in this event. Manav Mandir Solan is working as Muscular Dystrophy Centre where not only therapies related to muscular dystrophy provided but also a family like atmosphere is created so that muscular dystrophy warriors do not feel left out in the society. The muscular dystrophy warriors had come to IAMD Centre with their guardians for a weeklong residential and therapeutical program in proper supervision of doctors. The evening started with Mr. Vipul Goyal sharing his life journey of fighting muscular dystrophy and establishing the IAMD Centre, Jatoli Solan. After this cultural evening started with the songs, comedy, and dance performances by Shoolini volunteers. The volunteers had prepared various songs and dances for the children who had come for their physiotherapy to the Centre. Family members who accompanied the patients, also participated, and enjoyed the activities. The management of Manav Mandir appreciated the efforts of Shoolini volunteers for their regular visits to the Centre and spending time with patients of muscular dystrophy.

Total number of participants: - 22



A volunteer playing flute



Volunteer Isha anchored the event



A volunteer making a tattoo on the hand of a muscular dystrophy warrior



A group photograph of the volunteers

June 05 to 09, 2023

Poster making for Reduce Food Wastage campaign in Hostels

A campaign to reduce food wastage was organized in hostels of Shoolini University. For this student volunteered for making the posters on reduce the food wastage campaign. The volunteers made some very good posters including facts and figures in it. Posting posters on hostel walls is an effective way to raise awareness and encourage students to be more mindful of their food consumption. It's important to create awareness and promote responsible consumption practices among residents. For this several posters with slogans to reduce food wastage were posted on the walls of the hostels of the Shoolini University. It was done to remind students about the importance of minimizing food waste and encourages them to take action. As an impact of the campaign, the reduction in food waste over time was seen.

Total number of participants: - 20



Volunteers with the posters made by them

We are over 7 billion people on this planet, of which 925 million are starving.

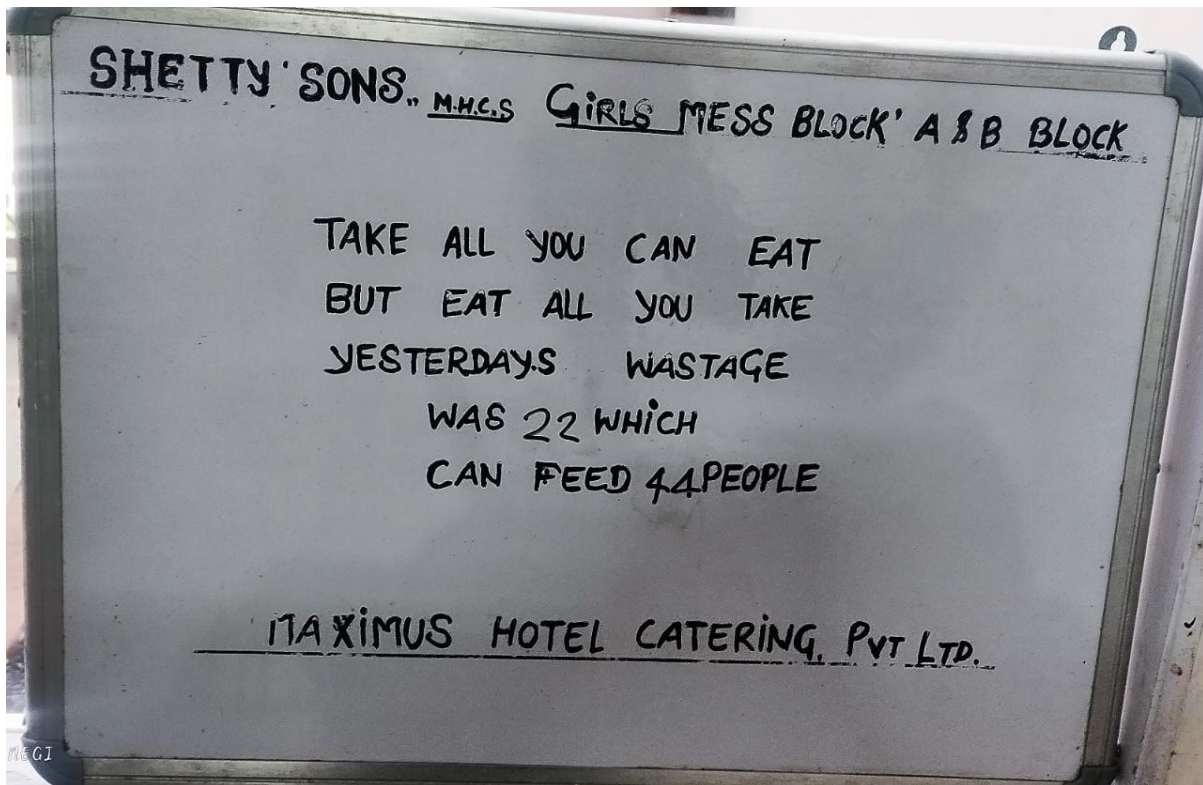


PREVENT FOOD
WASTAGE!

A poster made to prevent food wastage



Posters made with some hard-hitting facts



Everyday measurements of food wastage were written at the notice boards



A photograph of the wasted food

June 09, 2023

Capacity building for Women

Shoolini University, in collaboration with the National Commission for Women (NCW), organised its inaugural ‘Capacity Building and Personal Development Programme’ yesterday. The seminar, aimed at promoting gender equality and empowering women, received overwhelming participation from girl students across various prestigious institutions. Out of the 152 universities that applied for the Capacity Building and Personality Development seminar, Shoolini University was among the 61 selected institutions. The event witnessed the attendance of girl students from SILB, Nursing College, Dr. YS Parmar University of Horticulture and Forestry Naini, and Shoolini University, making it a truly impactful gathering.

The National Commission for Women (NCW) is a statutory body that serves as an advocate for the rights of Indian women, advising the government on policies affecting women. The commission provided valuable support to the programme, further highlighting its commitment to empowering women and addressing issues of concern. The seminar was focused on securing women’s rights and entitlements through effective policy formulation, legislative measures, law enforcement, scheme implementation, and strategies to combat discrimination and violence against women.

The event commenced with the opening address by Mrs. Saroj Khosla, President of Shoolini Foundation and SILB, who emphasised the innate qualities of women such as intuition and kindness. She encouraged the attendees to practice the affirmation ‘I can do it; I will do it’ and recognized the pivotal role of girls as builders of the nation. Dr. UK Neogi, the keynote speaker, Indira Gandhi Sadhana Awardee and Director of Research Projects at Shoolini University, shed light on the progress of empowering women globally. He highlighted the programme’s objective of promoting women’s empowerment through capacity building and personality development, focusing on employment preparedness, interpersonal skills, and creative thinking.

Ms. Delina Khongdup, a practicing lawyer and Chief Guest of the programme, emphasised that a country cannot be considered developed unless its women are empowered. Ms. Khongdup also highlighted the Women’s Day 2023 theme, “DigitALL: Innovation and Technology for Gender Equality.”

Dr. Deepshika Kalra, Dean of the Management Education and Research Institute at Delhi, presented on cybercrimes and highlighted features in applications designed to protect our interests. Notably, she discussed Gmail, Google Drive, and Google Sheets, showcasing security features to safeguard personal information. Dr. Amar Rao, Associate Professor at Shoolini University, shared valuable insights on essential abilities for workplace success. He emphasised effective communication, problem-solving, teamwork, adaptability, and time management as crucial skills for a thriving career. The seminar also featured an engaging questions and answers session led by Ms. Poonam Nanda, the Dean of Student Welfare.

Total number of participants: - 270





SHOOLINI UNIVERSITY WELCOMES YOU

FOR

CAPACITY BUILDING AND PERSONALITY DEVELOPMENT PROGRAM

SUPPORTED BY

NATIONAL COMMISSION FOR WOMEN

 RATAN TATA HALL  09TH JUNE, 2023 | 09:00 AM - 05:00 PM

 **INDIA'S NO.1 PRIVATE UNIVERSITY**

Poster made for the event



Dr. Neogi talking on women empowerment



Ms. Delina talking on “Innovation and Technology for Gender Equality”



Dr. Amar Rao talking on workplace success for women



Bollywood songs were presented by Yogi and her team



A Nati performance was done by the Shoolini students



Chancellor Dr. PK Khosla felicitating Dr. Deepshikha Kalra



All the speakers with Chancellor and hosts of the event

June 10, 2023

Shoolini Shaniwar Swachhata Sena- Cleaning drive

The #SSSS cleaning drive was held on June 10,2023. It took place near the premises of Shoolini University. A total of 9 volunteers from different departments participated this cleaning drive. This cleaning drive is held every Saturday to make university and its premises neat and clean. It was more than an hour-long drive and volunteers collected about 3 large bags of garbage. The volunteers were provided with the refreshments at the end of the drive. The idea behind this is to sensitize the university students to keep the in and out of the premises neat and clean. This concept is the brainchild of DSW Mrs. Poonam Nanda.

Total number of participants: - 09



Volunteers cleaning the garbage



Volunteers carrying bags filled with plastic & garbage



Volunteers collecting garbage



Volunteers with placards & collected garbage

June 13, 2023

Social project meeting at Cineplex

A workshop on Adapting Social and Emotional Learning (SEL) modules was organized on June 13, 2023. Shoolini University and Volanity has planned a collaboration for training Shoolini students to teach underprivileged school students. Taarush Grover, the founder of Volanity addressed volunteers on the objectives of this collaboration. SEL and incorporating volunteering initiatives can have a significant positive impact on both students and the community. By aligning with the United Nations' Sustainable Development Goals (SDGs), Shoolini University is actively contributing to promoting inclusive and equitable quality education.

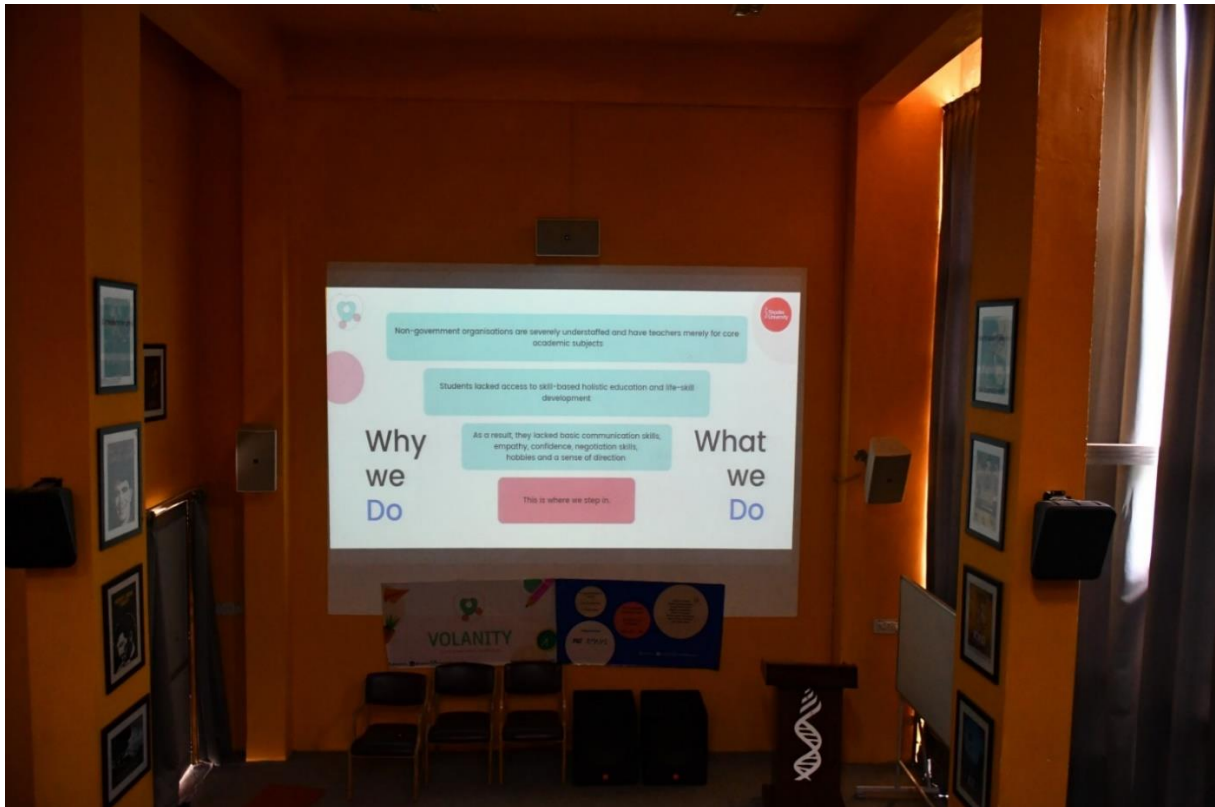
Total number of participants: - 34



Backdrop made for the session



Taarush Grover talking about the initiatives of Volanity



An introduction on the works of Volanity



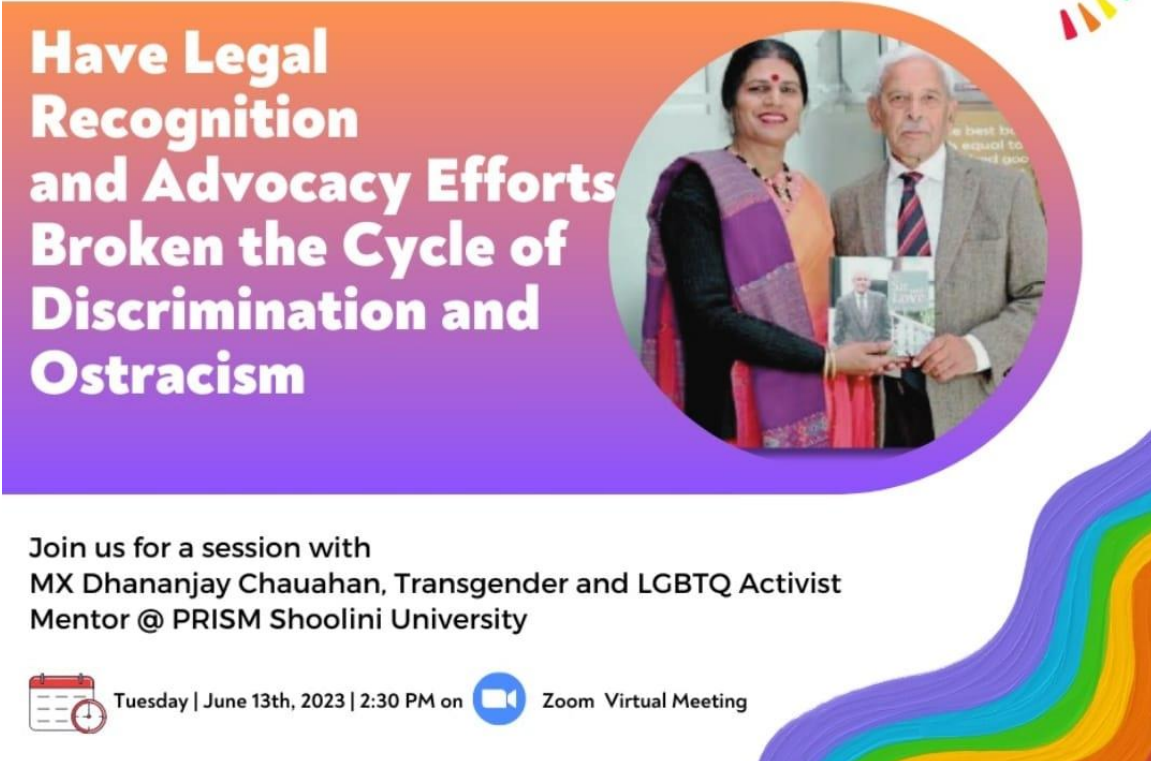


A group photograph of the students with Taarush

June 13, 2023

Dhananjay Talk on Gender Equity


The concept of gender equity goes beyond mere equality. It represents a vision of fairness, justice, and equal opportunities for people of all genders. In recent years, there has been significant progress towards achieving gender equity. One of the key aspects of gender equity is the empowerment of women. But gender equity is not just about women. It also encompasses the experiences and rights of individuals who do not conform to traditional gender norms. For this, Shoolini University organized a talk on gender equity featuring Mx. Dhananjay Chauhan who is a gender rights activist. She emphasized on providing minor genders with the tools, resources, and support necessary to make their own choices, control their own lives, and participate fully in social, economic, and political spheres. She said that we must strive to create a society that embraces diversity and inclusivity, where people of all genders are respected, valued, and given equal opportunities. This involves challenging harmful stereotypes and biases, promoting LGBTQ+ rights, and ensuring that everyone has the freedom to express their gender identity authentically.

Total number of participants: - 160

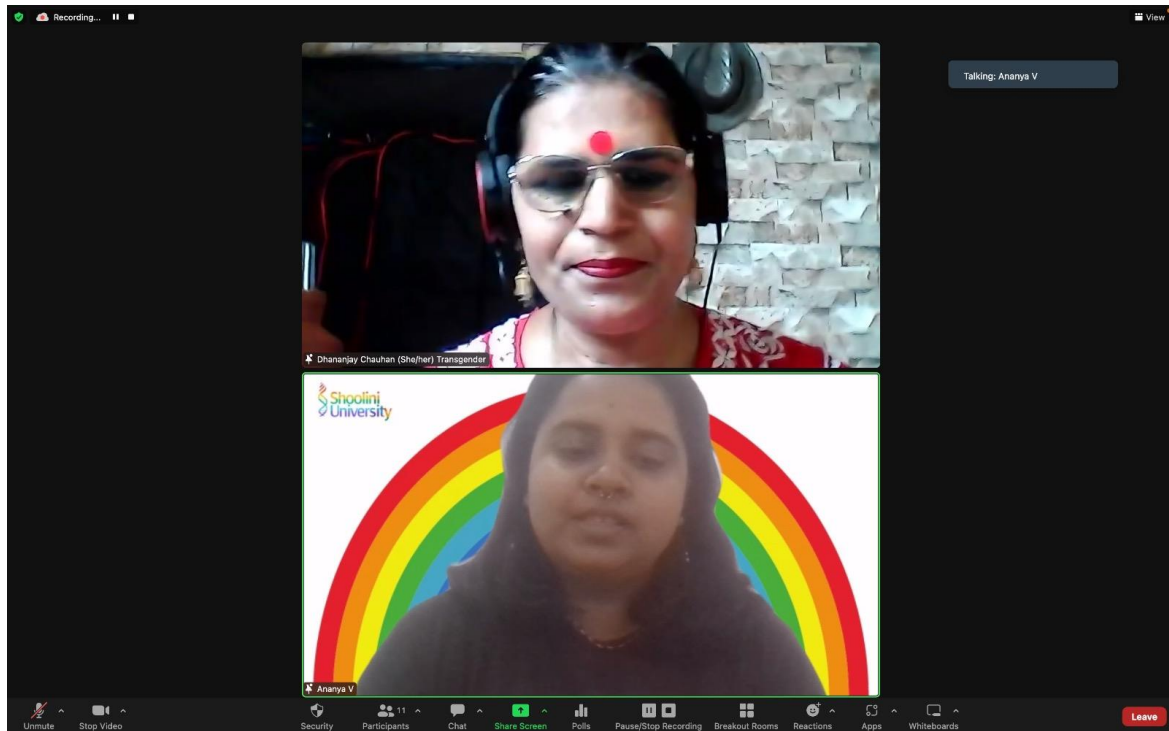


Have Legal Recognition and Advocacy Efforts Broken the Cycle of Discrimination and Ostracism

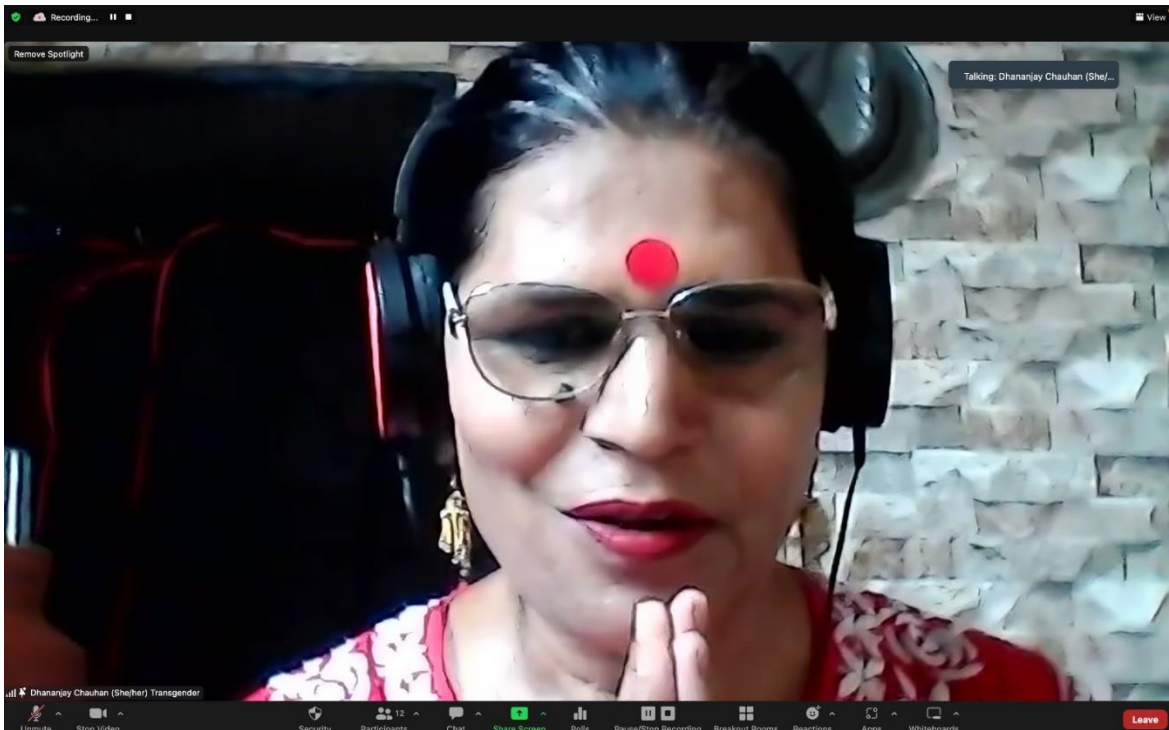
Join us for a session with
MX Dhananjay Chauhan, Transgender and LGBTQ Activist
Mentor @ PRISM Shoolini University

Tuesday | June 13th, 2023 | 2:30 PM on  Zoom Virtual Meeting

Poster made for the talk



Mx. Dhananjay addressing the students



Guest speaker showing her gratitude towards the audience

June 14, 2023

Social project 2nd meeting at Cineplex

Integrating interactive and collaborative modules into the educational framework can enhance student engagement and make the learning experience enjoyable. By incorporating SEL modules students' social and emotional skills are being nurtured, which are essential for their overall development and well-being. On June 14, 2023, the second meeting took place between Volanity founder Taarush Grover and students of Shoolini university. The meeting was held at Cineplex.

Shoolini university has already been taking such initiatives for students and community. Shoolini University's commitment to integrating SEL modules and promoting volunteering initiatives showcases a holistic approach to education that goes beyond academic learning. By empowering students with the necessary skills and encouraging them to give back to their community, you are fostering responsible and compassionate individuals who can contribute to a more sustainable and equitable society.

Total number of participants: - 36



Students getting an idea about the social project



Volanity founder Taarush Grover at Cineplex



Students attending the meeting

June 15, 2023

Workshop on Medical Emergencies

A workshop on Medical Emergencies was organized on June 15, 2023. It was a highly informative and interactive event. The workshop aimed to enhance the knowledge and skills of healthcare professionals in dealing with various medical emergencies. The workshop brought together medical practitioners, nurses, and other healthcare personnel, providing them with a platform to exchange ideas and gain practical insights into managing critical health situations. The participants learned about latest advancements in emergency medical care and enhanced their understanding of different medical emergencies. The doctors did a demonstration on simulation exercises for emergency response procedures. The workshop was appreciated by the participants, who expressed their gratitude for the valuable insights gained and the practical training provided.

Total number of participants: - 180



Students and faculty members attending the workshop



A demonstration on CPR going on



A demonstration on how to give CPR



A demonstration on CPR going on

June 22, 2023

Awareness Session on Drug Abuse at Sanhol Panchayat

The awareness session on drug abuse, organized by HP State Services Legal Authority in collaboration with District Legal Services Authority Solan, aimed to educate the local community about the dangers of drug abuse and its legal implications. The session focused on raising awareness, promoting prevention, and providing support to individuals affected by drug abuse. The event took place in Sanhol Village Panchayat and witnessed active participation from students of Shoolini University. The presence of expert speakers, including Sub Inspector Ghanshyam Sharma, Judge Akanksha Dogra, and Clinical Psychologist Ms. Vaishali Sharma, ensured a comprehensive understanding of the subject matter. The interactive question-and-answer session allowed participants to actively engage in the event and acquire knowledge from the experts. The involvement of students from nearby universities and colleges reflected their commitment to addressing the issue of drug abuse and their dedication to creating a drug-free environment.

Total number of participants: - 33



Sub Inspector Ghanshyam Sharma sharing insights into the prevalence of drug abuse



Psychologist Ms. Vaishali Sharma discussing the psychological complexities associated with drug abuse



Students and villagers attending the awareness session



A photograph of guest speakers and attendees

June 24, 2023

Manav mandir Visit

Eighteen volunteers from Shoolini University visited Manav Mandir Solan on June 08, 2023. The evening started with Mr. Vipul Goyal sharing his life journey of fighting muscular dystrophy and establishing the IAMDC Centre, Jatoli Solan. After this cultural evening started with the songs, comedy, and dance performances of Shoolini volunteers. This was the first experience of many of the new students. Some of the muscular dystrophy warriors shared the stories their fight against muscular dystrophy. Shoolini volunteers had prepared various songs and dances for the children who had come for their physiotherapy to the Centre. Family members who accompanied the patients also participated and enjoyed the activities. The members of management of Manav Mandir appreciated the efforts of Shoolini volunteers for their regular visits to the Centre and spending time with muscular dystrophy.

Total number of participants: - 22



Muscular dystrophy warriors and their guardians attending the cultural evening



A muscular dystrophy warrior sharing her life story

June 26, 2023

Swarnim Himalaya Tree Plantation & Cleaning drive

On June 26, 2023 Swarnim Himalaya cleaning and plantation drive was organized with the aim of promoting environmental consciousness and community involvement. Despite the challenges posed by inclement weather conditions, the event witnessed active participation from more than 80 volunteers from the university. Swarnim Himalaya cleaning drive is a part of an effort by Healing Himalayas founded by Mr. Pradeep Sangwan who has cleared more than 800 tons of non-biodegradable garbage from the Himalayas with his team in 7 years. Shoolini university has completed more than a dozen of cleaning drives with Healing Himalayas lead by DSW Mrs. Poonam Nanda.

The success of the cleaning and plantation drive was made possible by the unwavering support and guidance of Mr. Suresh and Mr. Praveen. Their expertise and dedication played a crucial role in overcoming obstacles and ensuring a fruitful event. The successful execution of the drive would not have been possible without the perseverance and determination of Lalit, M.L. Sharma, Sanchit, Rohan, Anupama, Bhawna, Radha, Vipul, Vikrant, Saket n Manan who lead the volunteers and ensured the active participation by the volunteers.

Despite the challenges posed by inclement weather, this activity not only achieved its goals but also fostered a sense of community and environmental responsibility. The commitment, support, and perseverance demonstrated by everyone involved were key factors in the event's overall success. By recognizing and expressing gratitude to the individuals who contributed to the drive's success, we hope to inspire others and encourage further participation in similar initiatives in the future.

Total number of participants: - 80



A photograph of all the volunteers taken before the activity



Volunteers collecting the garbage



NCC Volunteers collecting the plastic alongside the road



Ms. Anupama planting a sapling



A volunteer planted a plant



A group of volunteers with the collected garbage

July 07, 2023

A visit to Muscular Dystrophy Centre

On July 07, 2023, volunteers visited muscular dystrophy centre to spend quality time with muscular dystrophy warriors. It was the last visit of the semester. The session began with a quick and heartfelt introduction by Mr. Vipul Goyal and the evening reached another level of enthusiasm when Dr. Hemant took over with his guitar, filling the air with his incredible musical skills. Volunteers lead by Khushi & Sai Ram created a joyful atmosphere with dance, riddles, and songs which everyone present at the venue enjoyed very much. It all ended with game of musical chair which they claimed the game of warriors and players, warriors being the IAMD members and players being their interns and Shoolini volunteers. It all ended with a group dance at the end. It was a yet another beautiful experience with lots of learning experience for each and every one who were a part of this evening.

Total number of students participated: - 18



Volunteers and guardians of muscular dystrophy warriors dancing



A muscular dystrophy warrior answering a question



Dr. Hemant appreciating the musical skills of a muscular dystrophy warrior



Everyone had a group dance at the end

July 19, 2023

A Workshop on Prevention of Sexual Harassment

An extremely informative session on PoSH (Prevention of Sexual Harassment) was conducted in the campus by Advocate Shalini Sharma who is a practising advocate in the H.P. Court. She has experience of more than a decade in the legal field. The session provided clear and simple information about the act and the areas it covers. Shalini made the session interactive and interesting by sharing examples of the cases she has witnessed. She urged the women to have a strong feeling of self-esteem and not be cowed down by fear. She also provided relevant and helpful information about the sites of Govt. of India and how one can take assistance from those. She amplified the role and responsibility of the internal committee who need to have a non-biased and open-minded attitude toward both the parties. She emphasized on the role of having enough proof of the misdeed and not take this as a path merely to get even with someone. She answered questions and resolved queries raised at the end of the session. The session organized by the office of Dean Student Welfare was very well appreciated and attended by faculty and staff of the university.

Total number of participants: - 160



DSW Mrs. Poonam Nanda introducing the speaker



Advocate Shalini Sharma talking on PoSH



Advocate Shalini Sharma sharing some valuable insights



Faculty and staff attending the talk

शूलिनी विवि में यौन उत्पीड़न रोकने पर किया जागरूक

प्रदेश उच्च न्यायालय में कार्यरत अधिवक्ता शालिनी शर्मा ने छात्रों को बांटी जानकारी

दिव्य हिमाचल व्यूरो-सोलन

शूलिनी विश्वविद्यालय में डीन छात्र कल्याण कार्यालय द्वारा यौन उत्पीड़न की रोकथाम (पीओएसएच) पर एक जानकारीपूर्ण सत्र आयोजित किया गया। सत्र का संचालन हिमाचल प्रदेश उच्च न्यायालय में कार्यरत अधिवक्ता शालिनी शर्मा द्वारा किया गया। महिलाओं के अधिकारों और सशक्तिकरण के लिए एक भावुक प्रतिबद्धता के साथ उन्होंने दर्शकों को पीओएसएच अधिनियम और इसके अंतर्गत आने वाले व्यापक क्षेत्रों को स्पष्ट और व्यापक व्याख्या



के साथ जोड़ा। उन्होंने व्यक्तिगत किए, जिससे यौन उत्पीड़न की प्रकाश में लाया गया। पूरे सत्र के रूप से देखे गए मामलों के कठोर वास्तविकताओं और पीड़ितों दौरान, अधिवक्ता शालिनी ने यौन वास्तविक जीवन के उदाहरण साझा पर इसके विनाशकारी प्रभाव को उत्पीड़न के पीड़ितों के लिए

उपलब्ध सरकारी संसाधनों के उपयोग के महत्व का प्रदर्शन किया। उन्होंने भारत सरकार द्वारा प्रदान किए गए विभिन्न सहायता तंत्रों के बारे में प्रासंगिक और उपयोगी जानकारी प्रदान की, जिससे उपस्थित लोगों को यह ज्ञान प्राप्त हुआ कि वे जरूरत पड़ने पर कैसे सहायता प्राप्त कर सकते हैं।

डीन छात्र कल्याण पूनम नंदा ने कहा कि यह कार्यक्रम सभी सदस्यों के लिए एक सुरक्षित और समावेशी परिसर वातावरण को बढ़ावा देने के लिए विश्वविद्यालय की प्रतिबद्धता का एक प्रमाण है।

Press report of the event