

# Shoolini University Celebrated Yogotsav



**82** DAYS  
TO GO

## YOGOTSAV



COUNTDOWN PROGRAMME FOR  
INTERNATIONAL DAY OF YOGA - 2022

**100** DAYS  
CITIES  
ORGANIZATIONS



### COMMON YOGA PROTOCOL

CHIEF GUEST

**Dr. Rajiv Saizal**  
Hon'ble Health Minister  
Himachal Pradesh

DATE

**31 MARCH 2022**  
**7 AM - 8:30 AM**

VENUE

**Mohan Shakti**  
**Heritage Park**  
**Solan**

### 3 PM - 5 PM : DISTINGUISHED GUEST LECTURES



GUEST OF HONOUR  
**Prof. Ishwer Bhardwaj**  
Former Dean, Faculty of  
Medical Science and Health,  
and Former Professor of  
Department of Yogic Science,  
Gurukul - Kangri University,  
Haridwar, Uttarakhand.



GUEST OF HONOUR  
**Prof Suresh Lal Barnwal**  
Head, Deptt. of Yogic Science  
& Human Consciousness,  
Dean, School of Indology,  
Dean, Faculty of Yoga & Health,  
Dev Sanskriti Vishwavidyalaya,  
Haridwar, Uttarakhand.



CO-ORGANIZER  
**Dr. I.V. Basavaraddi**  
Director,  
Morarji Desai National  
Institute of Yoga - MDNIY  
Ministry of AYUSH,  
Govt. of India.

**livestream**  
on official Facebook  
and YouTube pages  
of Shoolini University



CHIEF PATRON  
**Prof. PK Khosla**  
Founder & Chancellor,  
Shoolini University  
PhD, Post Doc (Oxford Univ)  
Ex-VC HPAU (Palampur)



PATRON  
**Atul Khosla**  
Founder & Vice Chancellor,  
Shoolini University  
Alumnus IIT Kanpur,  
McGonsey & Co,  
Oliver Wyman

### 5:30 PM - 7:30 PM : YOGIC CULTURAL EVENTS

organized by  
**School of Ancient Indian Wisdom & Yogic Studies,**  
**Shoolini University**

in collaboration with  
**Morarji Desai National Institute of Yoga,**  
**Ministry of AYUSH, Govt of India.**

School of Ancient Indian Wisdom and Yogic Studies has celebrated a countdown program for International Day of Yoga 2022 named as Yogotsav on 31<sup>st</sup> March 2022. The program was inaugurated by Honorable health minister Dr. Rajiv Saizal. This program had three sessions, morning session was based on Yoga practices (Common Yoga Protocol) has organized at Iconic place Mohan Shakti National Heritage Park, Solan.

Second session was celebrated after lunch, timing was 3:00pm-5:00pm. This Program had four speakers' session started with prayer and welcome address was delivered by honorable Chancellor Prof. P.K Khosla the first speaker was Dr. I.V. Basava Raddi, Director Morarji Desai National institute of Yoga, Ministry of Ayush Government of India. Dr. Raddi connected with online system and delivered his lecture from New Delhi, he said everyone should be aware for International Day of Yoga and able to be practice of common Yoga Protocol, he said that being co-organizer of this program he is very glad that Shoolini University is active in Yogic activities. The second speaker was Swami Bharmha Murti Yogatirth Ji, founder Yoga Tirth Institute Supatu, Solan. He explained the reality of life and remedies to keep yourself away from the obstacles. Third speaker was Prof. Ishwar Bharadwaj, former Professor and Dean, Faculty of Sciences, Gurukul Kangri University, Haridwar, Uttarakhand. He said he is very attracted by the speech of Swami Yogatirth ji and explained many concepts of Yoga from Patanjali Yoga Darshana. Fourth speaker was Prof. Suresh Lal Barnwal, Professor and Dean Faculty of Indology, Dev Sanskriti University, Haridwar Uttarakhand. They all have delivered conceptual lectures on the theme "Yoga at Himalayas". This program was celebrated on hybrid mode many participants joined through online as well as offline.

The third Session of Yogotsav program was Yogic Cultural event celebrated at open air Theater of Shoolini University about 600 participants physically joined that event total 14 events based on Indian tradition and Culture was delivered. Entire Shoolini University and many online participants from other organization and other cities enjoyed and became witness of the Yogotsav event. The entire Program was coordinated by Dr. Subodh Saurabh Singh, Head School of Ancient Indian Wisdom and Yogic Studies, Shoolini University and organized in collaboration with Morarji Desai National Institute of Yoga, New Delhi.



