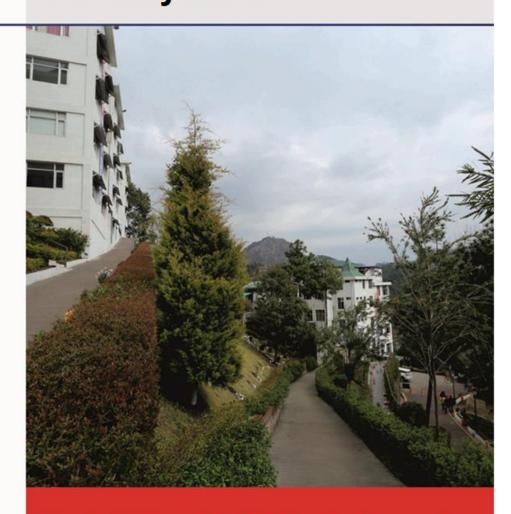


SHOOLINI UNIVERSITY SOLAN, HP

# Jagriti Community Events Jan-July 2021



Shoolini University of Biotechnology and Management Sciences

www.shooliniuniversity.com

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# **Cultural Activity at Manav Mandir**

On January 09, 2021 volunteers from Shoolini University went to IAMD Manav mandir. The volunteers organized fun and games with the patients who were suffering from muscular

dystrophy and had come to Manav mandir for treatment. The volunteers had taken some fruits and chocolates with them for the children suffering from muscular dystrophy. The volunteers put a live show with a storyline where volunteers and children had to act according to the role given to them. Mr. Ankur Saxena Bashar from Shoolini University acted as a lion and the children acted like the fighters. The children looked very excited and were very passionate performing the roles given to them. Post this show, pastries and patties were distributed amongst all and everyone enjoyed having them. A vote of thanks was extended to all the volunteers by Mr. Vipul Goyal from IAMD Manav mandir. A total of 26 volunteers participated in this event.

**Total participants**: - 26



Mr. Ankur Bashar putting his acting show



A group photograph at IAMD centre

# Social Activity at Manav Mandir

In 4<sup>th</sup> week of January 2021, the volunteers from Shoolini University volunteered at IAMD Manav mandir. During these days volunteers designed the walls of the IAMD building with their creative art. The volunteers were very excited and passionate for the cause. The volunteers did an amazing show of the paintings of trees and birds and various designs on the wall. The art and creativity done by volunteers were deeply appreciated by Mr. Vipul Goyal, Ms. Sanjana Goyal and all the staff of the IAMD Manav Mandir, Solan. On all these days, the volunteers spent their evenings with the muscular dystrophy patients. They arranged fun and games for them which were enjoyed by everyone present out there. The volunteers set up a singing show where everybody got chance to sing. Mr. Vipul Goyal & Mr. Ankur Saxena Bashar were the centre of attraction for the singing activity. A total of 24 volunteers volunteered for this activity.

Total participants: - 24



Shoolini volunteers painting a wall



A wall being painted by volunteers

# A Guru Talk with Sarabjeet Singh on World Cancer Day

World cancer day was celebrated on February 04, 2021. A guru talk featuring Sarabjeet Singh (Vella bobby) was organized. Popularly known as" Vella Bobby" or 'Bobby Ji', Sarbjeet Singh has been working to uplift and serve the underprivileged people of Himachal Pradesh for years. In this talk he shared how has been helping humanity for years selflessly. At a time when even paid drivers were not keen on doing it, this good Samaritan volunteered to drive dead body van free of cost for the poor. For the last 10 years, he has also been organizing blood donation camps for hospitals, and a couple of years ago, he has started a free canteen for cancer patients and their attendants at Shimla's only cancer hospital. He motivated the audience how small an act of kindness may be but leads to a big help to humanity if done by everyone. He gave the example of how donation of 1 or 2 "Roti" from the homes of Shimla town lead collection to 2000 of "Rotis" per day to feed the cancer patients and their attendees from cancer ward, IGMC Shimla. This talk made audience to realize & motivate about what their service can bring a change in the society. The audience of more than 810 in numbers listened to this talk.

**Total participants: - 810** 









# IN THE SERVICE OF HUMANITY



Mr. Sarabjeet Singh (Vella Bobby)

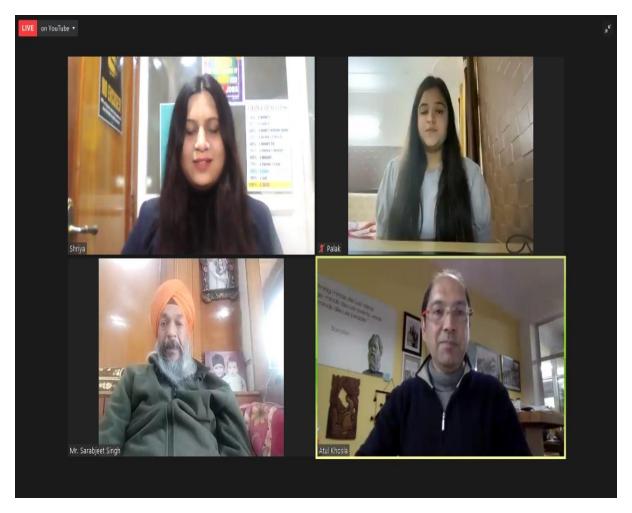
Social Activist & Founder of Almighty's Blessings

THURSDAY | 4 FEBRUARY | 11:30 AM

YOUTUBE LIVE AT

YouTube.com/ShooliniUniversityIndia

Poster made for the talk



Mr. Sarabjeet Singh sharing his story of his life journey with Almighty's Blessings Foundation

# February 04 to 05, 2021

#### Cricket tournament on World cancer day

A cricket tournament on World Cancer Day was organized. This tournament was inaugurated by honorable chancellor PK Khosla and Pro. Vice chancellor Atul Khosla. A total of 10 teams fought for the winner's title. A huge passion was seen amongst all the participating teams and the energy kept building up throughout the tournament. In the final match of the tournament, YouWeCan eleven and Shoolini eleven fought for the Champion's title. The tournament was won by YouWeCan eleven. "The winners of the tournament", "man of the match " of the final match and "man of the tournament" players were awarded with trophies, medals, and bat and balls signed officially by Yuvraj Singh. Also, all the participants of final match were gifted YouWeCan T-shirts signed by Yuvraj Singh. A total of 121 teachers and 33 students were present during this tournament.

**Total participants:** - 154



After the inauguration a team posing for a photograph with Chancellor PK Khosla



DSW Mrs. Poonam Nanda honouring the team YouWeCan Eleven

# Food Stalls for Fund raising- World Cancer Week

The fund raiser event with various food stalls was organized on February 05, 2021. This event was inaugurated by chancellor prof. PK Khosla. In this event, the food stalls for fund raising were set-up by various students. The fund raising was done to help those suffering from cancer. The event started with ribbon cutting ceremony by Chancellor PK Khosla. On the food stalls various dishes like Makhane ki kheer, Peethla, Chaat, Bhel, Paanipuri, Momos etc. were served. The people enjoyed the day and food. An amount of approximately Rupees Twenty thousand was collected which was later handed over to "Almighty blessings" foundation located in Shimla, run by Sarabjeet Singh (Vella bobby). A total of 152 teachers and 64 students attended this activity.

**Number of participants: - 216** 



Vice chancellor and pro Vice chancellor inaugurating the event





A glimpse of food stalls

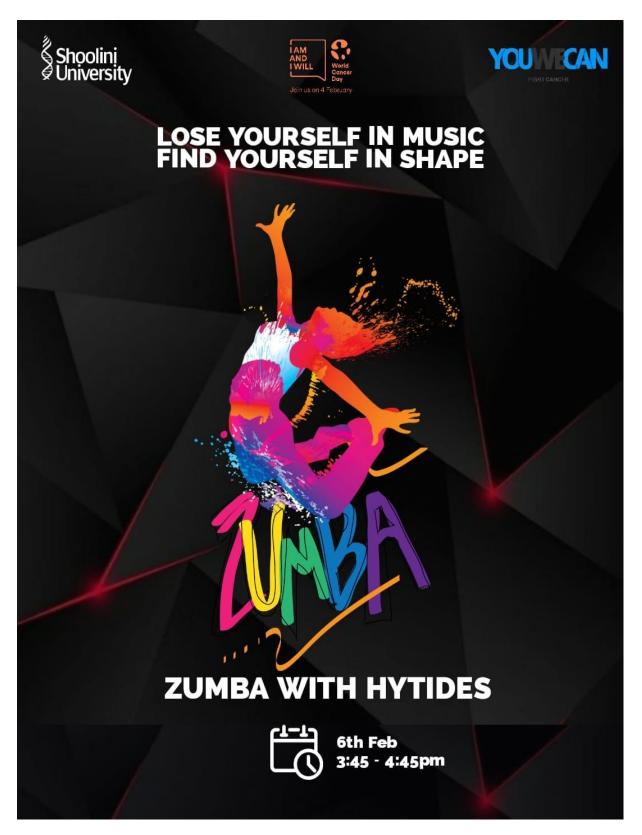


Faculty enjoying the food from stalls

#### **Zumba for a Cause- World Cancer Week**

Zumba for a cause was organized during the world cancer week to focus on physical fitness. Ms. Vibha a fitness specialist from Pep Turf engaged the students in some great physical exercises. She explained that physical and mental fitness go hand in hand and during the days of the pandemic it is crucial to focus on both. The students were very excited for this session. Ms. Vibha made the audience perform various Zumba steps. A good response was seen from the audience with great enthusiasm. The audience greatly enjoyed the session. A total of more than 320 students and faculty attended this session.

**Number of participants: - 320** 



Poster created for the activity

# A-z of being cancer smart

On February 07, 2021, an online talk on cancer awareness was organized. This talk was named "A to Z of being cancer smart". In this talk, the speaker was cancer super specialist Dr. Puneet Gupta. He is the director oncology services- Metro hospital and cancer center, New Delhi. Shoolini University organized this webinar on fundamentals of cancer to create awareness and support for the early detection, treatment, and palliative care of this disease. He expressed how 30 to 50 percent of cancer can be avoided simply through healthier lifestyle decisions. The audience listened to this talk with a great amount of focus. A total of more than 630 audience joined this webinar.

**Number of participants: - 630** 

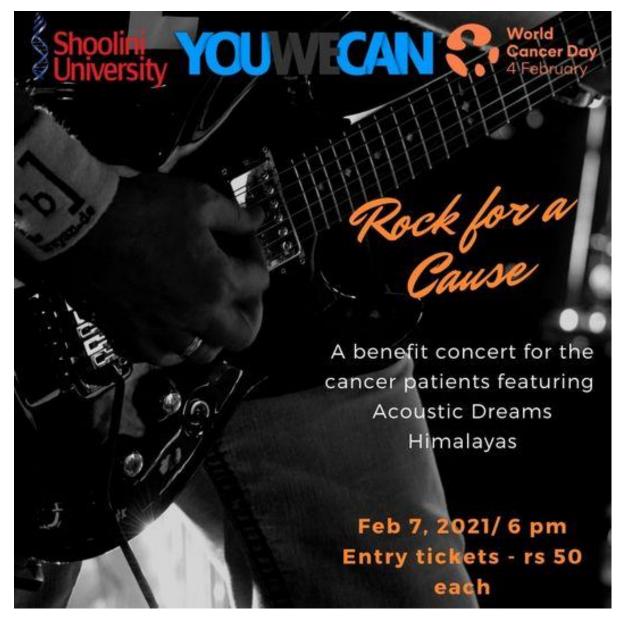


Poster created for the talk

# Musical Evening "Rock for a Cause"

A musical evening was organized in Cancer Week 2021. This session was named "Rock for a Cause" and was organized for the cause of cancer. In this event, rockstar and Pahadi folk singer Vikrant Chauhan, guitarist & singer Nazish and musician Arshdeep Singh did an amazing job of singing songs and remixes. The audience participated and danced to the wonderful music. Just before the end of the musical evening, Mr. Ankur Saxena Bashar gave his amazing singing performance which was greatly enjoyed by the audience. The audience enjoyed this musical evening thoroughly. A total of more than 620 people virtually attended this activity.

**Number of participants: - 620** 



Poster created for the event

#### A cleanathon with Healing Himalayas

On March 07, 2021 a cleanathon was conducted at Potter Hills, Shimla. This cleanathon took place in collaboration with Healing Himalayas foundation. "Healing Himalayas" is a dedicated organisation, working selflessly for protection and preservation of the Himalayas by cleaning the waste plastic out from Himalayas. The cleanathon started with the formal address by Healing Himalayas founder, Pradeep Sangwan. He shared his journey to form Healing Himalayas foundation and how this foundation has cleaned more than 8 hundred tons of plastic from the Himalayas. He shared how Healing Himalayas is planning to proceed further in future. The cleanathon started from Railway station Shimla and cleaned an area of approximately 5KMs. Quintals of waste plastic was collected and was handed over to the garbage processing unit, Shimla. A total of 84 student volunteers and 3 teachers took part in this cleanathon.

**Number of participants: - 87** 



Cleaning drive in Potter Hill Shimla



Shoolini volunteers posing for a group photograph

# A talk on overall health and hygiene on Women's Day

A talk for overall health and hygiene for women was organized on International Women's Day for the house keeping staff of Shoolini university. More than 60 ladies attended the talk held at Ratan Tata Hall. Special focus was laid on menstrual hygiene. Mrs. Poonam Nanda encouraged the ladies to pay extra attention to their personal health as their well-being was extremely important for their families. Ms. Shubhika Sharma acknowledged the contribution of the staff in maintaining the university in top class condition. The staff was served tea and snacks and free sample of sanitary napkins were also distributed.

**Number of participants: - 60** 



Volunteers explaining about menstrual hygiene

#### March 08 and 09, 2021

# "Can Survive – A Ray of Hope" A play on breast cancer on Women's Day

The Shoolini University's creative studio staged a play "can survive- A ray of hope" based on intimate journey of two women after being diagnosed with breast cancer. The two women, belonging to different backgrounds, were depicted fighting for their lives, both physically and mentally, and showcasing complications of not just cancer but that of human relationships as well. Written by Asif Ali Haider khan, it was directed by Ankur Bashar, assistant professor performing arts, Shoolini University. Bashar said the play touches upon the problems of women, how they fight these, and emerge as heroes. It was inaugurated by the chancellor prof. PK Khosla and vice-chancellor prof. Atul Khosla. The total of 2 shows of the play were shown on March 08 and 09, 2021. A total of more than 420 students witnessed the show for two consecutive days.

**Number of participants: - 420** 



A glimpse from the "Can Survive – A Ray of Hope" play show

# Visit to Manav Mandir on international Happiness Day

World Happiness Day was celebrated on March 20, 2021. On this day, the students from Shoolini University volunteered to go to Manav Mandir (IAMD Hospital). A total of 22 student volunteers visited the hospital to serve the children suffering from muscular dystrophy. The student volunteers served the children fruits and eatables. They also organized some fun and games for the children. The children appeared to be very engaged in the game and enjoyed it very much. A new activity of painting tattoos was done which the little children were very excited about and enjoyed greatly. They were fascinated by various cartoons painted on their arms. Mr. Vipul Goyal and Ms. Sanjana Goyal from IAMD hospital showed their gratitude towards the student volunteers.

**Number of participants: - 27** 



A volunteer painting tattoo on a girl's arm



A child showing his tattoo



Children showing their tattoo



A photograph of volunteers at IAMD centre

#### NIC Camp in Rajasthan

NIC camp was organized at S.S. Jain Subodh P.G. College Jaipur, Rajasthan from 20<sup>th</sup> to 26<sup>th</sup> march, 2021. The camp lasted for a week from 20th March 2021 to 26th March 2021 with over 200 students from 14 different states and union territories in India. The camp started with the onset of lamp lightning ceremony by our honorable guests Dr. SP Bhatnagar (NSS regional director, Rajasthan). The cultural evening by spiritual dance form Ganesh Vandana by the team Rajasthan followed by many of the Rajasthani folk dances, such as Ghoomar (one of the popular traditional dances of Rajasthan). With the ongoing situation all over the country, the respective team came with the idea of presenting a stage play on the topic "Suicide is not a solution" today's situation has worsened the condition of people across India, since the covid factor has risen in India 2020, by maintaining the social distance. So, the basic act was to refreshen the heart and minds of people by being together in any worse situation. On 2<sup>nd</sup> day, blissful traditional Nati of Himachal Pradesh, Punjabi bhangra, Jhomar by team Jharkhand and Gujrati Garba. This way the respective states showcased their culture. On 3<sup>rd</sup> day, we had a seminar with Mr. Gaurav Sharma, the founder director of camp India adventures and youngest civilian from Rajasthan who climbed the world's highest mount Everest, on the topic "Youth adventure". On 4th day, we had seminar on "Information on covid -19 new vaccine" by UNICEF team followed by Mr. Nizamuddin. On 5th day, the session was started by Kapil Anand (NSS awardee), Mr. Mohammed Adil (NSS awardee), Mr. Anshul Gaur (NSS awardee 2016), Bulbul Pathak (NSS awardee 2019) and Dr. Ritu Mehta (NSS PO of Bhavani Niketan Maha Vidyalaya).

**Number of participants: - 02** 



Cultural evening in NIC Camp, Rajasthan



A performance during cultural evening in NIC Camp, Rajasthan

#### **Book Reading Event**

A book reading event was organized on April 01, 2021. International children's book reading day is celebrated as Hans Christian Andersen's birthday on April 2. Hans Christian Andersen, in Denmark, was a Danish author. Although a prolific writer of plays, travelogues, novels, and poems, he is best remembered for his fairy tales. In the event, we had chapter reading of Dr Khosla's book by our students. A total of 6 students and teachers read excerpts from the chapters of childhood from the book of Dr. Khosla, "Tryst with Karma" after that honorable chancellor of Shoolini University, Dr. Khosla gave his views about his childhood memories of his mother and the strong influence she had on him. He also discussed the partition of then India, and the pain people went through and the impact it had on his childhood. This activity was well attended by deans, faculty members and students at the university. A total of more than 660 people witnessed this activity.

**Number of participants: - 660** 

Let's Celebrate
International Children's Book Day 2021

# 'TELL A



with an exclusive Book Reading of Prof. PK Khosla's 'Tryst with Karma'



## CONTEST CATEGORIES: POETRY RECITATION AND STORY TELLING

April 1 | 2:30 PM onwards | Zoom Webinar

To participate, contact 7011195215, 7014905413

Poster created for the event



Honourable Chancellor Dr. PK Khosla talking about "Tryst with Karma"



Volunteers doing the chapter reading of "Tryst with Karma"

#### **Event at Mahadevi Library and Fund-Raising**

International Children's book day was celebrated in Mahadevi Library on April 02, 2021. Mahadevi library is helping the underprivileged children with their studies, extra-curricular activities, and future endeavors. Shoolini University completely sponsored this celebration. This celebration was organized in Sherpur village of Dehradun. All the people of gram panchayat were invited. It was attended by lots of people and children. The children were told to keep reading books and the importance of book reading. Along with this, storytelling, and poetry competitions were also organized for the village children. All prizes and gifts were sponsored by Shoolini University. Toys, books and clothes were also collected by Shoolini University and were sent to Mahadevi library. A total of 130 teachers and 480 students were present during this activity.

**Number of participants: - 610** 



MAHADEVI LIBRARY HEIGGI

A collage of International Children's book Day celebration at Mahadevi Library

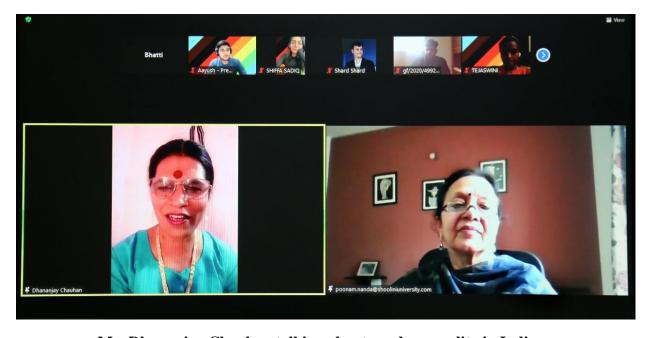
#### Talk on gender equality by Mx. Dhananjay Chauhan

The "Shades of love" an association led by DSW, and a committee of students had their inaugural event. Mx. Dhananjay Chauhan who is the first transgender student of PhD in Punjab university, has been made the mentor of the club. Dhananjay has been regularly visiting campus and has sensitized thousands of students. Vice-chancellor Atul Khosla in his welcome address appreciated the efforts of the students and assured that the campus will work towards inclusivity. The event was attended by 55 students.

**Number of participants: - 55** 



Mx. Dhannanjay Chauhan sharing her life story of fight against gender discrimination she had to face



Mx. Dhananjay Chauhan talking about gender-equality in India

#### YouWeCan bikers visit for "Mission 1000 Beds"

National cricket hero and cancer survivor Yuvraj Singh's two super fans from Kerala reached Shoolini University on July 09, 2021 on bike to create awareness about his foundation's "Mission 1000 beds" to fight covid. The riders initiated their trip on July 5 and had planned their trip up to Leh and Ladakh. The two bikers, Ashkar and Safeer, hail from Kerala and have self-funded the whole tour and the awareness programme. Ashkar works as a promoter of Panasonic in Dubai and is on vacation currently, so he decided to utilise the time and thank the doctors and the volunteers who have been supporting Yuvraj Singh's YouWeCan foundation. The two riders also have an organisation registered as "YouWeians Kerala". Travelling across various states, Safeer said it was a lifetime experience. Shoolini University's YouWeCan volunteers welcomed them at the university for a thorough interaction and support them for the same. The two bikers briefed the volunteers about the initiative by Yuvraj Singh foundation where they are on a mission to provide 1000 beds across the country to fight covid and other medical emergencies. Both the riders had a wonderful experience at the university, upon meeting VC prof Atul Khosla, and taking a campus tour, they proceeded for their trip onwards. Prof. Khosla wished them a safe journey ahead and wish them all the very best for their awareness programme. A total of 24 volunteers attended this activity.

**Number of participants: - 24** 



### YouWeCan bikers being welcomed at Shoolini University



YouWeCan biker Ashkar sharing "Mission 1000 beds" with Pro. VC Atul Khosla

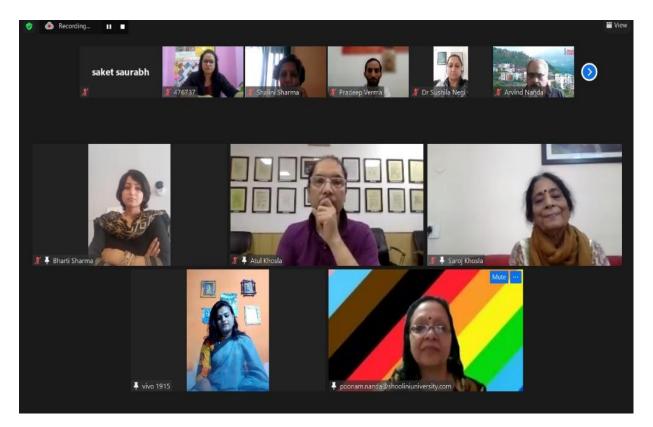
#### Gender Equality Talk by Devika Mangal Mukhi

"Shades of love" had their second meeting where guest of honor was Mx. Devika Mangal Mukhi who is India's first transgender kathak dancer and women's rights activist. Devika who has completed her post-graduation emphasized her gratitude to Shoolini for taking this path breaking step. She spoke about her own journey and the ups & downs she faced in her life. She said, currently her sole motto is to push for inclusivity. She wants transgenders to be included in all walks of life. Prof. Atul Khosla vice-chancellor of Shoolini University and Mrs. Saroj Khosla both welcomed Devika. The event was attended by several faculty members and nearly 220 students.

**Number of participants: - 220** 



Poster made for the talk

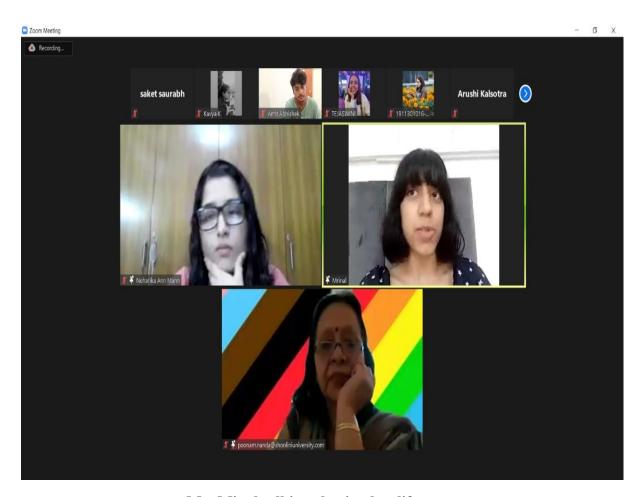


Mx. Devika Mangal Mukhi talking about gender-equality in India

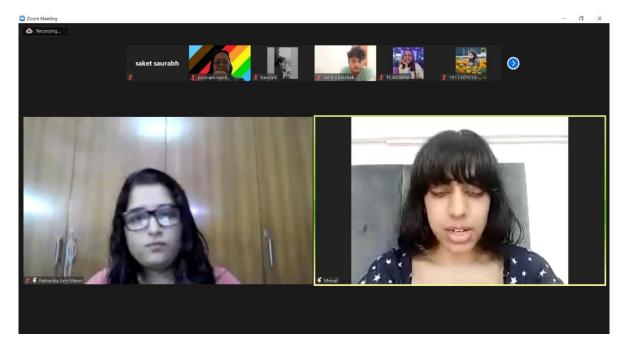
#### Finding inclusivity in Society- Talk by Minal

Shades of Love, our LGBTQ awareness club had a session with Minal. Minal who studies at St. Stephen's College Delhi spoke about her journey from a man to a girl. She also talked about the marginal acceptance from her family but immense support from her friends. She confessed that it hasn't been easy but currently she is far happier than she has ever been. Her parting words were "We deserve to be who we are" This was the third event organized by Shades of love in quick successions. This event was attended by approximately 75 students online.

**Number of participants: - 75** 



Mx. Minal talking sharing her life story



Mx. Minal talking about gender equality in India