

A transformative journey with my Chanakyas at Shoolini - Page 2



# Shoolini University NEWSLETTER



Empowered teachers deliver their best to the students: Rohini Aima - Page 2

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Varsha Chauhan 8352951037  
Kulwant Kumar 7807899750  
Ratika Kaundal 7876905670

### SHIMLA

Vinmre Kaushal 6239614060

### HAMIRPUR

Mukesh Kaushal 8219898155

### MANDI

Leela Dhar 7018994792  
Shop No. 3, Opposite R-Sons Furniture, Hospital Road, Mandi

### JAMMU

Vishakha Pandita 9906699495  
Office No. 77, 1st floor, Near SP Smart School, Above SAP Academy, Kacchi Chawni, Jammu

### GHUMARWIN

Mukesh Kaushal 8219898155  
Chauhan Complex, Opp. Central Bank of India, Old Bus Stand, Ghumarwin

### BILASPUR

Kajal Pathania 78078-99731  
Shop No. 16, The Vyas Co.op Society Complex, Opposite Bus Stand, Bilaspur



# Freshers get a vibrant welcome on the campus

AHANA NATH

SHOOLINI UNIVERSITY warmly welcomed its new batch of students through a well-planned induction programme which spanned over three days. The event was not only a celebration of new beginnings but also a live example of the university's dedication to work for holistic development of its students.

The induction programme commenced with the Chancellor Prof. P.K. Khosla setting the right tone with a comprehensive introduction to the Shoolini ethos. He emphasised the university's core values that guide both its academic and extracurricular activities. He also highlighted the constant progress made by the institution by underlining the importance of research encouraging the new students to pursue scholarly excellence. As a part of the induction, he administered an oath to the students by urging them to commit to a drug-free and positive healthy lifestyle.

Vice President Dr. Avnee



PHOTOS: HARMANPREET SINGH

Khosla followed with an introduction to the university's digital tools, particularly the DigiCampus app, which will play a crucial role in their academic journey. She also provided

insights on various facilities available on campus. The day's proceedings included a thought-provoking street play focused on the importance of maintaining a ragging-free environment, further

instilling the university's values among the newcomers.

The day's events concluded with a lively Zumba dance session, which infused the atmosphere with energy and excitement. The session reflected a sense of awareness among the students, setting the stage for their upcoming academic journey at Shoolini University.

The second day of the induction began with the students undergoing a rejuvenating yoga and meditation session, organised at the university's Indoor Sports Complex by the Yoga Department. This was followed by a fun quiz organised by the



Marketing Team, which helped the students engage and connect with one another. Director Operations, Brig. Sunil Mehta, led the students on a campus tour ensuring they became familiar with the extensive amenities and resources available to them.

Dr. Pooja Verma introduced the students to the dual degree programme by offering them the opportunity to pursue an additional online degree alongside their primary course. The day concluded with a presentation by Director of Social Welfare, Mrs. Poonam Nanda, on essential life skills, equipping the students with practical knowledge for their future endeavors.

A parallel induction programme was organised for newly admitted postgraduate students, providing them with similar guidance and opportunities to interact with their faculty members.

The induction event concluded with the freshmen interacting with their respective teachers in different departments.

## NIRF Ranking 2024

# Shoolini among India's top 100 univs for 4th year in a row

SAHIL THAKUR

SHOOLINI UNIVERSITY has continued its successful streak by further improving its rankings assessed by the National Institute Ranking Framework (NIRF) under the Union Education Ministry.

For the fourth consecutive year, the leading private university which is completing 15 years of its existence this year, has retained its position among the top 100 universities in the country. Shoolini University has improved its ranking from 73rd among all universities in the country last year to 70th this year.

In the overall rankings, which include IITs and IIMs among other institutions, the university has been ranked 89th this year, up from its placement in the 101-150 band category last year.

The university's Pharmacy department has been placed at 30th rank, its Engineering faculty at 92nd rank, and the Faculty of Management in the 101-125 band. Notably, Shoolini University is the only university from Himachal Pradesh to figure in the list of top 100 universities.

Founder and Chancellor Prof P K Khosla underlined that the university has been consistently improving its rankings and has figured among the top 150 for the sixth



year in a row.

Pro Chancellor Mr Vishal Anand congratulated the faculty, staff, and students for the achievement, saying that the latest rankings reflect "our consistent efforts towards world-class education and research."

Vice Chancellor Prof Atul Khosla described the latest rankings for Shoolini University as "truly remarkable" and pledged that the university would continue to strive for excellence. He emphasised that the rankings reflect the commitment of the faculty and students towards making it a world-class university.

# UK's University of Liverpool joins hands with Shoolini University

SOLAN, AUGUST 25

UNIVERSITY OF Liverpool, UK, which is one of Europe's leading provider of wholly online postgraduate degrees, has signed a memorandum of understanding with Shoolini University.

The memorandum of understanding was signed by Prof Tim Jones, Vice Chancellor, University of Liverpool, United Kingdoms and Prof Atul Khosla, Vice Chancellor, Shoolini University in London.

The MOU provides for exchange of scientific and tech-



nical knowledge and material, joint research activities, faculty and administrative staff

exchanges, students exchange and other activities of mutual interest.

Vice Chancellor Prof Atul Khosla said that the memorandum of understanding would go a long way in providing opportunities to the students and staff of the university. He said efforts would be made to implement the MOU from the current academic year itself.

Prof Khosla, who is currently in the UK, said he was exploring collaborations with some more institutions in the fields of research, students and faculty exchange and providing dual degree for students desirous of studying in India and the UK for the same degree.

# Cutting-edge food testing lab opened

ANSHUL CHAUHAN

A CUTTING-EDGE commercial food testing lab, Shoolini Lifesciences Pvt. Ltd., which will offer outsourced commercial services for chemical and advanced instrumentation analysis, adhering to approved parameters, has come up on the university campus.

The facility, accredited by the National Accreditation Board for Calibration Laboratories (NABL) and sponsored by the Ministry of Food Processing Industries (MoFPI), Government of India, is set to become a pivotal resource for the region.

Shoolini University Chancellor Prof PK Khosla and Pro

Chancellor Mr Vishal Anand officially opened the state-of-the-art Microbiology Laboratory. Key figures, including the Executive Director and COO of Shoolini Lifesciences, Dean of R&D, Academic Deans, Directors, and other university faculty and staff, attended the event.

Prof Khosla emphasised the lab's unique status as the first of its kind in the region. He announced plans to secure NABL accreditation soon, enabling the lab to offer commercial services

for testing microbial contamination under certified standards. The facility will also become a hub for high-end research, supporting university researchers and other nearby institutions, focusing on meeting global standards in microbiological testing.

The lab, established with a grant-in-aid from the MoFPI and support from the Shoolini University Foundation, represents a substantial investment of approximately Rs 5 crore. Equipped with advanced tech-

nology and state-of-the-art equipment, the lab is set to drive pioneering research in microbial sciences, catering to both academic and industrial needs.

Pro Chancellor Vishal Anand highlighted the laboratory's transformative impact on the future of life sciences in Himachal Pradesh. He said the facility "reaffirms our commitment to advancing scientific knowledge and providing world-class resources to our researchers and commercial establishments".

## Shoolini University's researchers have developed a new method that could significantly improve the efficiency of solar power plants.

# New cooling technology for solar panels

pollution.

Shoolini University's researchers have developed a new method that could significantly improve the efficiency of solar power plants. Their research under the Photovoltaics Research Group at the Centre of Excellence in Energy Science and Technology, Shoolini University, focuses on using thermoelectric coolers (TECs) to keep solar panels cool, thereby enhancing the overall power output.

Solar panels often lose efficiency when they get too hot, which is a common problem for large-scale solar power installations especially with extreme climatic conditions. Typically, air or water cooling techniques are used to address this issue, but these methods have certain limitations. The researchers at Shoolini University aimed to explore an alternative solution to this problem by using TECs (thermoelectric coolers) solid-state devices that can precisely control the temperature of solar



panels by converting the excessive energy into electricity.

In their study conducted in Shimla, the researchers Dr. Rahul Chandel and Dr. Shyam Singh Chandel, experimented with two small polycrystalline silicon solar panels. One of the panels was equipped with a thermoelectric cooler and a water cooling system, while the other was left without any cooling. The results were significant as the cooled panel maintained a steady temperature of around 25°C, while the other panel without thermoelectric cooler reached temperatures as high as 63°C. This difference of 30-38°C clearly shows that

TECs can effectively prevent solar panels from overheating leading to an improved efficiency and fast mechanism.

The implications of this new innovation are significant. It can solve problems like higher amount of carbon emissions (CFCs) also known as chlorofluorocarbons which is carcinogenic and can cause several health issues like cancer, pulmonary diseases and central nervous system narcosis etc.

This sustainable technology can extend the lifespan of PV modules by reducing the thermal stress which means fewer panels will be changed over the time period and it will reduce wastage

of solar energy. This is going to be a more viable option in a wide range of climates including extreme hot regions where traditional PV modules can struggle. It could help in bringing electricity to remote and underdeveloped areas improving their access to clean energy. Cost reduction and economic growth will be major factors with the help of TEC in PV modules.

This technology supports global sustainability goals particularly the United Nations' Sustainable Development Goals (SDGs) related to affordable and clean energy (SDG 7) and climate action (SDG 13).

Prof. Atul Khosla, Vice Chancellor of Shoolini University has congratulated Dr SS Chandel and Dr Rahul Chandel for their exceptional work on solar power that has been written about and referred in the most prestigious PV magazine.

"This work can change the way the world produced solar energy", he added.



## SMC

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**Dive into the World of Journalism with The Shoolini Newsletter**  
Student reporters publish fortnightly Shoolini Newsletter, showcasing campus news. Students engage in various tasks like **story editing, page designing, photography, and printing** at the Indian Express press. Real-life reporting experience empowers students to act as professional journalists.

**Take the Spotlight with Shoolini TV**  
Students are trained as **TV anchors and reporters** for weekly Shoolini Samvad (Hindi) and Shoolini TV (English). They gain hands-on experience in podcasting, video editing, graphic designing, and animation. Access to state-of-the-art studio facilities enables students to produce complete news bulletins.

**Captivate the Airwaves with Radio Shoolini**  
"Radio Shoolini" provides a platform for students to demonstrate their skills as **Radio Jockeys**. Students interview faculty members and campus guests, showcasing their communication abilities. General entertainment format allows students to engage in lively conversations and engage with listeners.





**Mentored by Media Trailblazers**



**Nishtha Shukla Anand**  
ex-Reuters  
Founder, Trailblazers.com & Pen Pundit Media  
Teacher & Director, Shoolini University



**Gurpreet Tathgur**  
AVP, News 18/News Viacom 18



**Tanvi Gandhi**  
Independent Producer  
ex-NIRF  
Phantom Films  
Founder, House of Twelve Productions



**Namit Sharma**  
Creator, Producer  
CEO, Dreamers & Doers Co.



**Kunal Nandwani**  
Co-founder & CEO  
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Founder, Chanderi Network



**Misha Bajwa Chaudhary**  
News presenter, Actor  
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# 'Empowered teachers deliver their best to the students'

MEGHNA THAKUR

Ms. Rohini Aima is the Principal cum Vice-chairperson of Jammu Sanskriti School, Jammu. She is an M.Sc, M.Ed, with a diploma in business management and an experience of over 38 years in education sector. We spoke to her on the current education system. Here are excerpts from the interview.

## Please tell us about your academic journey and your school?

My academic journey has been deeply fulfilling. My career in teaching, spanning over 38 years in the education sector, has provided me with the privilege of holding several prestigious assignments that have shaped my understanding and approach to education. Currently, I serve as the Founder Principal and Vice-Chairperson of Jammu Sanskriti School, Jammu. This school embodies my vision for quality education in village areas, focusing on experiential learning and innovative practices. Our mission is to equip chil-

dren and local communities with the skills necessary for environmental sustainability and social responsibility while also preserving the rich cultural diversity of Jammu and Kashmir. Leadership means inspiring collective action with accountability and striving for systemic change to ensure positive outcomes. It involves fostering a culture where respect and equality are fundamental.

## How privileged do you think is today's generation in terms of education and learning?

Today's generation is indeed privileged in terms of education and learning, especially when compared to previous generations. They have access to a wealth of information and resources at their fingertips, thanks to advancements in technology. This access allows for personalised learning experiences that were unimaginable in the past. However, with these privileges come the responsibilities of using these resources wisely and being aware of the impact their learning can have on society and the environment.

## PRINCIPALSPEAKS



**Ms. ROHINI AIMA,**  
Principal cum Vice-chairperson of  
Jammu Sanskriti School, Jammu

## How do you ensure the mental well-being of students at your school?

At Jammu Sanskriti School, we prioritise the mental well-being of our students as much as their academic success.

We have implemented peer educator programmes, career counselling, and special needs education as part of our core focus. Our approach is to create a supportive and inclusive environment where every student feels valued and understood. We also emphasise the importance of a balanced lifestyle by integrating mental and emotional health into our curriculum through various workshops and initiatives. Each year, we develop a health and wellness calendar as part of our activity planner and conduct sessions and activities according to this schedule. We continuously explore strategies and practices to ensure equity, inclusivity, and accessibility in education.

## How important do you think are sports along with academic learning?

Sports are crucial for the holistic development of students. Alongside academic learning, sports teach essential life skills such as teamwork, discipline, and resilience. At our school, we encourage students to participate in various sports activities, understanding that physical

education is integral to their overall growth. A healthy body supports a healthy mind, and sports provide the perfect platform for students to develop these attributes, which in turn enhances their academic performance and personal development. Students feel more encouraged and engaged when they participate in sports, which increases their ability to concentrate on the tasks at hand. Nowadays, when children excel in sports, they often become interested in pursuing sports as careers.

## What strategies do you use to ensure a supportive learning environment for both students and staff?

Teachers are the most valuable resource for any school. I believe in empowering them by providing various opportunities to upgrade their professional competencies, recognising their work, and rewarding them for their outstanding performances. When teachers are empowered, they deliver their best to the students and take on the role of facilitators, engaging and encouraging students toward better learning opportunities. Clear communi-

cation skills at all levels play an important role in creating a positive atmosphere in the school.

## How satisfied are you with the present education system?

NEP-2020 is a significant education policy for the Indian education system, and I am hopeful that, with its proper implementation in schools and higher education institutions, the learning outcomes for our students will improve. This will enhance the quality of education and broaden global perspectives for the benefit of all.

## Lastly, what message would you like to give to the students?

Dear students, learn to be yourself and adapt to any changes or challenges you may encounter with a positive attitude. Approach everything with a versatile mind-set, as I believe this will help you thrive in the world. Every student is unique, with their own capabilities and abilities. Recognise these abilities and work to achieve your goals accordingly.

## A transformative journey with my Chanakyas at Shoolini

SHUBH RANA\*

FOUR YEARS ago, this girl who now proudly reports from the ground, covering stories from across the nation, from Kargil to Sular, the homeland of LAC Tejas, wasn't sure how she would break into the media industry. The vision was crystal clear, but the path was uncertain.

I enrolled at Shoolini University in 2020 for the BJMC course. Although I was also selected for Delhi University, I felt like Shoolini was meant for me, and trust me when people say that God always has a better plan for you. They are completely right.

Coming from Haryana, I wanted to explore the world and learn new things. I was a national and state-level winner in speech, debate, and group discussions during my time in school. I love to express my feelings, and helping others has always energised me. I love to watch films, and there's a dialogue in Three Idiots that is



alumni recalls

always etched in my heart: "Don't run after success; pursue excellence, and success will come to you unexpectedly." I had a clarity that I want to share with the world and report for society. Therefore, I choose journalism.

This resonated with the teachings of my professors, my Chanakyas at Shoolini University, who taught me the ABCD of Media. From Day 1 at Shoolini to landing an internship at ABP News and then securing a job as a News Correspondent at India News. It was truly a transformative journey and my first step in my

journalism career. I had the privilege of learning from the best professors, my Head of Department Prof Vipin Pubby is an extraordinary mentor for life. He monitors the success graph of each and every student, assigns stories to cover, and informs us about our flaws and how to correct them. His current affairs classes are not only informative but also insightful, as they will significantly enhance your critical thinking skills.

After an internship at ABP News, I had the chance to work as a News Reporter for India News. I always remember the values instilled in me by my professors and strive to reflect those in my reports. Even today, I thank Sir Vipin Pubby for nurturing us with beauty and excellence. There's a long way for me to go, but yes, I feel proud that the path I am confidently walking on is built by my mentors at Shoolini University.

\*(The writer passed out in 2023 after completing her BJMC)

## Talk on 'Academic Publishing with Springer' held



SNL TEAM

IN A move to empower researchers and scholars, Shoolini University organised an enlightening session titled 'Academic Publishing with Springer'. The event featured Satvinder Kaur, a Senior Editor (Books) at Springer

Nature Group, New Delhi, who shared her extensive knowledge of academic publishing.

With over a decade of experience, Satvinder Kaur discussed the crucial role of research publications in academia. She outlined the key factors publishers consider when evaluating research work and deciding its suitability for publication.

Kaur pointed out that the 'Results' and 'Discussion' sections are often the most scrutinised parts of a research article. She stressed the need to ensure that research findings were relevant to the field and that any discoveries or insights were substantial enough to merit publication.

The highly interactive session allowed participants to ask questions and clear their doubts. Both scholars and aspiring authors found the talk informative, gaining a better understanding of the publication process.

## Monks' spiritual retreat rejuvenates devotees

NIRAJ SHARMA

THE YOGODA Satsanga Society of India (YSS) organised a three-day spiritual retreat at Shoolini University, which concluded with a deeply sacred Kriya Diksha ceremony attended by about 200 devotees from across the nation.

The event, was led by Swami Krishnananda Giri, Swami Alokandanda Giri, and Brahmachari Haripriyananda, left attendees feeling rejuvenated and spiritually enriched.

Swami Krishnananda Giri led the prayers and meditation on the final day, creating a sacred and uplifting atmosphere. The retreat, imbued with spiritual vibrations, featured bhajans and prayers that resonated throughout the campus. Devotees, already initiated in Kriya Yoga, expressed profound gratitude for the transformative experience.



The event drew inspiration from the teachings of Sri Paramahansa Yogananda, the author of "Autobiography of a Yogi" and the founder of YSS. Participants praised the serene environment of Shoolini University and the excellent facilities provided.

Chancellor Prof. PK Khosla, a devotee and long-time associate of YSS, said on the occasion, "It is heartening to see the ded-

ication and spiritual commitment of the devotees. The teachings of Sri Paramahansa Yogananda continue to inspire us all, and it is a privilege to host such a sacred event at Shoolini University.

The retreat concluded on a high note, with attendees feeling spiritually uplifted and grateful for the guidance of Swami Krishnananda Giri and the other monastics.

## CLARIFICATION

Shoolini University Newsletter, dated July 23, 2024, mentioned in the column "Ideas from Shoolini" that the Solan Police had conducted a drive to check drunk driving with the help of the patent developed by Prof Brij Bhushan Sharma. No such drive was conducted. The error is regretted.

## Virtual Learning: The future of workforce training & development



DR SUNIL KUMAR\*

THE DIGITAL age has revolutionised how companies approach workforce training and development. Gone are the days when employees had to sit through hours of classroom-style training. Today, e-training and virtual reality (VR) have emerged as the game changers, transforming how organisations across industries prepare their employees for the future. As businesses adapt to a rapidly changing world, these technologies offer the flexibility, convenience, and cost-efficiency needed to keep up with evolving demands.

E-training, often referred to as electronic training, is the practice of delivering learning programmes through online platforms. It's not hard to see why it has gained such widespread popularity. At its core, e-training offers employees the ability to access learning materials from anywhere at any time, eliminating the barriers of geography and time zones. This flexibility is essential for organisations with remote teams or a geographically dispersed workforce.

In addition to its convenience, e-training is cost-effective. Traditional in-person training sessions require a significant investment in logistics, from booking venues to printing materials and arranging travel. E-training eliminates many of these expenses, allowing companies to allocate resources more efficiently. Furthermore, as digital platforms continue to advance, the quality of online training materials—ranging from video tutorials to interactive simulations—has improved significantly. These materials are often self-paced, allowing learners to engage with the content at their own speed, which enhances knowledge retention and application.

However, it's not just about accessibility and cost-efficiency. The content delivered through e-training platforms plays a crucial role in its effectiveness. Well-designed content that is clear, comprehensive, and goal-oriented fosters engagement and improves the overall learning experience. Just as with any educational programme, the material must resonate with the learners. Training programmes that fail to consider different learning styles or industry-specific needs are less likely to succeed in equipping employees with the skills and knowledge they need.

Beyond content, the way e-training is delivered also matters. Modern training platforms offer a variety of delivery methods, including



webinars, video conferencing, and mobile applications. This versatility allows companies to tailor the training experience to suit the specific needs of their employees. For example, while one team may benefit from a virtual classroom setting with live interaction, another might prefer on-demand video content that can be accessed at their convenience.

Of course, no training programme is complete without proper assessment and evaluation. Digital platforms excel in this area by offering real-time feedback and tracking progress through quizzes, tests, and performance metrics.

One of the most exciting developments in the world of e-training is the integration of Virtual Reality. VR offers an immersive learning experience that goes beyond traditional methods. Imagine being able to practice a complex technical skill or respond to an emergency scenario in a fully simulated environment that mimics real-world conditions. With VR, this is not only possible but increasingly com-

mon in industries where hands-on training is essential. By allowing learners to actively participate in these simulated scenarios, VR enhances both engagement and retention. Employees can refine their skills in a safe, controlled environment without the risks that come with real-world training.

The advantages of VR in training are numerous. It offers a level of interactivity that simply cannot be achieved through standard e-training methods. Learners are more likely to stay engaged when they can physically interact with their training materials, whether they are navigating a virtual machine, conducting a safety drill, or practicing customer service scenarios. This level of immersion helps to create stronger memory retention and better prepares employees for real-world applications.

While e-training and VR offer incredible advantages, there are also challenges that companies must consider. For one, the upfront costs for VR technology and the need for specialized equipment can be prohibitive for some organizations. Additionally, not all learners are comfortable with VR, and some may experience motion sickness or fatigue during prolonged sessions. To maximize the effectiveness of these tools, companies must invest not only in the technology itself but also in ensuring that their workforce is adequately prepared to use it.

Moreover, the success of e-training hinges largely on the motivation and self-discipline of the employees. Without the physical presence of a trainer or the structure of a classroom, some learners may find it difficult to stay on track. This is why well-designed content, combined with engaging and interactive elements, is so crucial to the success of e-training programs.

Despite these challenges, the benefits of e-training and virtual reality are undeniable. They represent the future of workforce development, offering innovative and flexible solutions that cater to the modern employee's needs. As technology continues to advance, these training methods will become even more integral to organizational success. Whether through accessible e-training platforms or immersive VR simulations, the future of learning is digital—and it's already transforming the way we work.

\*(The writer is an Associate Professor, Faculty of Management Sciences)

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# 'Demand for mental health professionals is surging'



**FACE TO FACE**

**NIRAJ SHARMA**

DR. S. M. HAIDER RIZVI has recently assumed the role of Prof and Head, Centre of Psychology and Behavioural Sciences (CPBS) at Shoolini University. With a distinguished career spanning over 20 years, Dr. Rizvi brings extensive expertise and insight to the position. Here are excerpts from an interview:

**Could you elaborate on your professional background before your appointment at Shoolini University?**  
I possess over 22 years of professional experience, having collaborated with various international organisations, universities, research institutions, and agencies of the United Nations. My career has enabled me to connect academia with industry, holding significant roles at institutions such as Wipro and UNICEF. This varied experience has provided me with a thorough understanding of the challenges and prospects within psychology.

**Would you please share details about your educational journey? Was a career in psychology always your aspiration?**  
I belong to Uttar Pradesh and I completed both my undergraduate and postgraduate studies at Aligarh Muslim University. Subsequently, I earned my PhD from Jawaharlal Nehru University (JNU) in



**DR. S. M. HAIDER RIZVI,**  
Prof and Head, Centre of Psychology and Behavioural Sciences, Shoolini University

Delhi, followed by a postdoctoral fellowship at Shepherd University in the United Kingdom. Psychology has consistently been a field of great interest to me, and I have always intended to pursue it. It has been a rewarding path, and I am happy to have made this decision early in my life.

**In your opinion, what skills are crucial for a psychologist to possess?**  
A psychologist should exhibit considerable patience and be an exceptional listener. It is essential to be empathetic, compassionate, and resilient, as well as capable of functioning effectively under pressure. These attributes are fundamental in comprehending and managing human behaviour proficiently.

**In view of the increasing recognition of mental health issues, what job opportunities are currently available in India within the field of psychology?**  
Historically, the field of psychology in India has been less in demand than in

Western nations. However, there has been a notable transformation following the COVID-19 pandemic. The demand for mental health professionals has surged, leading to opportunities for counsellors in educational institutions, corporate environments, and recruitment agencies. The landscape of psychology in India is swiftly changing, offering a range of opportunities that are now as varied and promising as those found globally.

**What are the main challenges that psychologists encounter today?**  
A significant challenge lies in enhancing public awareness regarding the vital role of psychology in daily life. Psychologists navigate intricate and evolving factors such as thoughts, emotions, and behaviours, making it difficult to convey the importance of these aspects to the general populace.

**As the newly appointed Head of the CPBS, what is your vision for the department?**  
My vision is to tackle industry-relevant challenges, beginning at Shoolini University. Our department is dedicated to providing counselling support to students and addressing their psycho-social concerns. We intend to organise events on important occasions, such as World Suicide Prevention Day on September 10th, featuring activities like street walks and theatrical performances to promote awareness about suicide prevention. I envision our department taking a proactive and supportive role in the community, extending our efforts beyond the campus. Furthermore, we aim to increase the visibility of our department not only in Solan and Himachal Pradesh but throughout India. Our commitment will encompass research and addressing real-world issues to create a significant societal impact. Additionally, we aspire to host international conferences to broaden our influence and outreach.

# International Sr Citizen Day held

**SNL TEAM**

THE LEGAL Aid Clinic of the Faculty of Legal Sciences at Shoolini University, in collaboration with the District Legal Services Authority, Solan, organised an event to commemorate International Senior Citizens Day.

The event, which was aimed to raise awareness about the rights, challenges, and welfare of senior citizens in the society, commenced with an insightful address by Mr. Vineet Kumar, Assistant professor, Faculty of Legal Sciences, the convener of the event. He explained the purpose of the

gathering, setting a reflective tone by sharing a poignant story that highlighted the various challenges faced by senior citizens today. His narrative underscored the importance of empathy, respect, and support for the elderly people. The event concluded with a summary of the key points shared by the speakers, delivered by Prof.

(Dr.) Nandan Sharma. He encapsulated the essence of the discussions, reiterating the importance of legal and social frameworks in protecting the rights and dignity of senior citizens. Prof. Dr. Sharma also emphasised that older people are a valuable resource for any society and ageing is a natural phenomenon



**SPEAK OUT**

**SAHIL THAKUR**

# Comprehensive efforts needed to improve sports standards

Despite being the world's most populous country, India's Olympic participation remains pathetically low. We asked students to weigh in on this paradox and share their ideas for improvement. From infrastructure and funding to cultural attitudes and talent identification, their insights offer a compelling starting point for boosting India's Olympic prospects.



India's Olympic performance has been underwhelming despite its vast population and potential. Inadequate investment in sports infrastructure and grassroots development, poor sports governance, and lack of a strong sports culture are key factors. A multi-faceted approach is needed, including revamping infrastructure, streamlining governance, promoting diverse sports, investing in grassroots programmes, and nurturing a sports culture. By learning from successful nations, India can enhance its Olympic prospects and fulfill its potential as a sporting powerhouse.  
**Stavan Shukla, (BSc Mathematics)**



India's Olympic representation is limited by inadequate sports facilities, funding, and cultural attitudes prioritizing academics. Rural areas lack training and coaching, and talent identification systems are insufficient. Administrative hurdles also hinder progress. Streamlining administration and talent identification can help India increase its Olympic presence and achieve success. Addressing these challenges is crucial to unlock India's sporting potential and excel globally. By doing so, India can provide opportunities for its athletes to shine and bring pride to the nation.  
**Abdul Lateef, B. Tech CSE (AI)**



Despite of having a population of 150 crores India has not shown its full potential in the Olympic games. This is due to various factors: shortage of qualified coaches, limited investment in sports infrastructure, inadequate funding, lacking in finding young talent, intense international competition, less government support and lastly parents do not encourage their children in sports. There have been efforts to improve this in recent years, but progress takes time. More support from the parents and society could help the aspiring athletes to make a mark.  
**Ritik Rana, BSc Biotechnology**



India's Olympic representation is hindered by inadequate sports facilities, limited funding and cultural attitudes prioritising academics over sports. Many potential athletes in rural areas lack access to proper training and coaching. Inefficient talent identification and development systems also hinder progress. Administrative hurdles add to the challenges. Streamlining sports administration and talent identification can help India increase its Olympic representation and achieve greater success. Addressing these challenges is crucial for India to unlock its sporting potential and excel on the global stage.  
**Samriti Manta, BA Hons. Political Science**



India faces several challenges in achieving Olympic success. One key issue is the lack of infrastructure and resources dedicated to sports development. Training facilities are often inadequate, and there is limited access to quality coaching and sports science support. Additionally, societal emphasis on academics over sports can hinder talent identification and development. Addressing these challenges through increased investment, grassroots development, and fostering a sports culture is essential for improving India's Olympic performance.  
**Harman Rana, BTech CSE, Data Sciences**



India's vast population and sporting culture haven't translated to Olympic success due to a variety of factors. To enhance India's Olympic participation, a multi-pronged approach is necessary, involving increases in sports budget allocation and infrastructure development. Private sector involvement through sponsorships and sports academies, talent scouting programmes, and collaboration with schools and colleges, all underpinned by a long-term vision and policies are needed to create a conducive environment for athletes.  
**Anjali BTEch, CSE, AI**



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