

Your Pathway to a
**Globally Recognized
ACC Certification**

ICF Level 1 Coach

Training Program

COHORT 1

**Applications Now Open!
Program Starting Soon**

*Limited Seats Available!
Exclusive Launch Pricing*

Empower Your Future with Globally Recognized Coaching Credentials

Are you ready to transform your leadership abilities and join a community of certified coaches? **The ICF Level 1 Coach Training Program at Shoolini University is your gateway to a globally recognized credential, opening doors to international coaching opportunities.**

Led by the **Centre for Leadership Coaching** under the guidance of industry experts, this program offers hands-on learning that prepares you to make an immediate impact.

What We Offer:

- **Provisional ICF Approval:**

Ensure eligibility for the ACC credential with an ICF-backed training.

- **Exclusive Launch Pricing:**

Enjoy special discounts exclusive to Shoolinians, plus the opportunity to become a global ICF member at discounted rates. This membership further reduces your ACC certification cost.

- **Real-World Practice:**

Engage in close to 100 hours of live coaching practice with university students and peers, preparing you to coach with confidence.

Limited seats are available for this cohort. Secure your spot today!



A Structured Pathway to Coaching Certification

The **Level 1 Coach Training Program** offers a clear, structured pathway to **becoming a certified coach through ICF's highly regarded ACC certification**, recognized worldwide by organizations and individuals.

This program is designed to build your core coaching competencies through practical experiences and real-world application.

Key Features of the Program:

- **Duration:** 60 hours of coach-specific training, provisionally accredited by ICF
- **Mentoring:** 7 hours of group mentoring and 3 hours of individual mentoring
- **Observed Sessions** and demonstrations
- **Close to 100 hours of live coaching practice**, with university students and peer coaching circles
- **Two-day in-person immersion at the Shoolini University campus**
(includes stay & meals, excluding travel costs)
- **ACC Inclusive Package:** Everything you need to complete your Level 1 coach training toward the ICF ACC certification.
- **Mode: Hybrid (2 online classes per week + two-day on-campus immersion)**
- **Dates:** October-November 2024 - February 2025





ICF Core Competencies: A Holistic Curriculum for Leadership Development

Our **ICF Level 1 Coach Training Program** is built around the ICF Core Competencies, ensuring you develop the essential skills for becoming an effective, impactful coach. The program is designed to foster leadership abilities while offering real-world application of coaching techniques.

Here's a breakdown of the competencies you'll master:

1. Embodying a Coaching Mindset

Be and Let Be

Develop a mindset that embraces personal and professional growth, enabling a coaching presence that fosters client self-awareness and learning.

2. Establishing and Maintaining Agreements

Co-Create, Collaborate

Partner with clients to co-create clear, meaningful agreements that honor their goals and vision, fostering collaboration and shared responsibility throughout the coaching journey.

3. Cultivating Trust and Safety

Create Space for Authenticity

Build an environment of trust where clients feel safe to express themselves fully, encouraging openness and mutual respect in the coaching relationship.

4. Maintaining Presence

Be Here, Be Now

Stay fully focused and present in the moment, adapting to client needs and responding without judgment or preconceived notions.

5. Active Listening

Hear Beyond Words

Listen deeply to understand the nuances of your client's words, emotions, and body language, ensuring a holistic understanding of their experiences and challenges.

6. Evoking Awareness

Inspire Insight

Use powerful questioning techniques to help clients uncover new insights, empowering them to see challenges from fresh perspectives and to discover their own solutions.

7. Facilitating Client Growth

Empower, Evolve

Guide clients in setting and achieving meaningful goals, fostering a sense of accountability and commitment to their own growth and development.

ICF LEVEL 1 COACH TRAINING PROGRAM

COHORT 1

Fee on Request

Membership Discount: Exclusive ICF membership rates are available for Shoolinians enrolled in the cohort. (Up to 10% off on Global ICF membership)

Payment Terms:

- **Full payment required** at the time of registration.
- **Refund Policy:** Refunds are available in no less than 7 days before the program start date or for medical exigencies.*