

October 13, 2021

Talk on Menstrual Hygiene

The collaboration with Sirona Hygiene a session on awareness on overall health and hygiene was organized in the Cineplex on October 13, 2021. More than 50 ladies employed in housekeeping and security attended the session. Dr. Aarushi and Dr. Abha explained the importance Menstrual hygiene and explained the physical anatomy of a woman. The session was extremely engaging and informative and the ladies who attended the session resolved their queries with the doctors.

Number of participants: - 36



Shoolini staff ladies attending the talk



Dr. Aarushi explaining about menstrual hygiene

A talk on overall health and menstrual hygiene on Women's Day on March 08, 2021

A talk for overall health and menstrual hygiene for women was organized on International Women's Day for the house keeping staff of Shoolini University. More than 60 ladies attended the talk held at Ratan Tata Hall. Special focus was laid on menstrual hygiene. Mrs Nanda encouraged the ladies to pay extra attention to their personal health as their well-being was extremely important for their families. Ms. Shubhika Sharma acknowledged the contribution of the staff in maintaining the university in top class condition. The staff was served tea and snacks and free sample of sanitary napkins were also distributed.

Number of participants: - 60

August 30, 2021

Doctors Meeting with Girls at Girls' Hostel

Sirona Hygiene Private Limited had two of the doctors Dr. Diksha Chaddha and Dr. Arushi to speak to our students virtually from Delhi about women hygiene and the special focus was menstrual hygiene. Both the doctors had an extremely interactive session with the students and answered all their queries. The students had lots of doubts around menstrual hygiene which were all resolved by the doctors and the doctors also showed them some new age products that one can switch over to, to avoid complications and infections. Sirona Hygiene manufactures various many women hygiene products like menstrual cups sanitary napkin that are eco-friendly. Also, different intimate washes and scrubs etc. The students were extremely happy and positive with the interaction because the doctors explained each and every thing that the students had on their minds. In the end many free samples were distributed among students so that they use the hygiene products and realize that switching over to these kinds of products not only good for their health and hygiene but is also good for environment.

Number of students participated: - 27



Mrs. Poonam Nanda welcomes Dr. Diksha Chaddha and Dr. Arushi to the talk



Dr. Arushi explaining to the girls the functions of female body



Girls from Girls Hostel listening to the talk at Cineplex