

Report on Sexual & Reproductive Healthcare

2024-25



**Shoolini University of Biotechnology and Management Sciences,
Bajhol, Solan, Himachal Pradesh-173229**

Shoolini University has conducted targeted initiatives focusing on **reproductive health awareness, screening, and education, particularly related to cancer and sexual health**. The sustained initiatives such as **breast cancer awareness campaigns**, screening programs, and **HIV/AIDS education**. These efforts ensure both access to healthcare services and continuous dissemination of health information, aligning well with global public health priorities. University also conducts awareness campaigns on key issues such as **breast cancer** and **mental health**, ensuring the physical, emotional, and overall well-being of the campus community.

During the AY 2024–25, Shoolini University conducted **11 targeted activities** related to **sexual and reproductive health-care services**, information, and education. Key activities include the **Pink October Campaign, “Wear It Pink” Fundraiser, “Think Pink” Awareness Drive, and Pink October External Outreach**, which focus on **breast cancer awareness**, early detection, and women’s health education. Community-focused initiatives such as the **Awareness Walk & Nukkad Natak for Breast Cancer** and the **“Screen, Support, Survive” Breast Cancer Screening Program** provide both awareness and direct health screening services. Additional campaigns like Rose Day – Cancer Awareness and expert sessions such as the Expert Talk on **Childhood Cancer** further strengthen health education. The university also observes World AIDS Day, promoting awareness on **HIV/AIDS prevention and sexual health, community engagement activities with differently-abled individuals**.

Collaborations with organizations such as **YouWeCan Foundation**, which works towards cancer awareness, **Maharishi Markandeshwar University (MMU)**, which provides free OPD check-ups and medical expertise through health camps.

Activities related to Sexual & Reproductive Health-Care Services, Information and Education

Sr. No.	Event Name (Exact as in File)	Date	Type of Service	Specific Relevance to Sexual & Reproductive Health
1	Pink October Awareness: Inspiring Change through Slogan Writing & Poster Making	04 October 2024	Health Awareness Campaign	Focused on breast cancer awareness, early detection, and women’s health education

2	Pink October: 'Wear It Pink' Event & Fundraiser for a Cause	15 October 2024	Awareness & Outreach	Promoted awareness on breast cancer and community engagement
3	Screening for a Cause: Raising Awareness with Pink October Movie Nights	13-24 October 2024	Health Education	Disseminated awareness on breast cancer through educational engagement
4	Pink October Awareness External Campaigns	04 October 2024	Community Outreach	Extended awareness on breast cancer prevention and screening to local communities
5	Students Lead Breast Cancer Awareness Campaign in Local Communities During Pink October	22 October 2024	Community Outreach	Conducted awareness campaigns on breast cancer prevention and screening
6	Footprints of Courage: Stride for Life Awareness Walk	5th February 2025	Public Health Awareness	Promoted cancer awareness, early detection, and community sensitization
7	Blooming with Compassion: Rose Day in Support of Cancer Awareness	7th February 2025	Awareness Campaign	Focused on cancer awareness, emotional support, and early detection
8	Swing for Strength: Play for a Cause - Cricket for Cancer Awareness	7th–8th February 2025	Health Awareness	Promoted awareness on various cancers including breast cancer
9	Humor for Hope: A Comedy Show for Cancer Awareness	12th February 2025	Health Education	Spread awareness on cancer prevention and mental well-being
10	A Heartfelt Talk on Childhood Cancer: Insights from Mr. Ankeet Dave	16th February 2025	Expert Health Education	Provided knowledge on early diagnosis and care systems

11	Hope, Strength, and Unity: A Heartfelt Closing to the Cancer Awareness Campaign	21st February 2025	Awareness Campaign	Reinforced awareness, emotional support, and community engagement in cancer care
-----------	---	--------------------	--------------------	--

**Samples reports on Activities related to Sexual &
Reproductive Health-Care**

October 4, 2024

"Pink October Awareness: Inspiring Change through Slogan Writing & Poster Making at Shoolini"

On October 4, 2024, Shoolini University hosted a poster and slogan competition in observance of Breast Cancer Awareness Month, also known as Pink October. This initiative aimed to raise awareness about breast cancer prevention and early detection among students and the local community.

Participants created informative posters and engaging slogans focused on key messages related to breast cancer awareness. To promote sustainability, the university encouraged the use of recycled materials for posters and accepted digital submissions to minimize paper waste.

Entries were evaluated based on creativity, clarity, and overall impact, with winners announced during a dedicated event that also featured educational sessions led by health professionals. These sessions provided valuable information about breast cancer prevention, emphasizing the importance of early detection.

Through this competition, Shoolini University effectively combined health awareness with sustainability, fostering a culture of creativity and environmental responsibility. This initiative not only addressed critical health issues but also reinforced the university's commitment to community well-being and sustainable practices.



A student showing the poster made by her



Student making the posters



A photograph of the the organizing volunteers

October 15, 2024

"Pink October: 'Wear It Pink' Event & Fundraiser for a Cause at Shoolini University"

On October 15, 2024, Shoolini University organized a vibrant "Wear It Pink" event to raise awareness for Breast Cancer Awareness Month. The initiative encouraged the entire university community to don pink attire, symbolizing solidarity and support for breast cancer awareness.

The celebration featured various stalls set up in the evening, offering a range of activities and food options. These stalls included healthy food choices, interactive games, and informational booths that educated participants about breast cancer prevention, early detection, and healthy lifestyle habits. Engaging activities encouraged participation from students, faculty, and staff, creating a lively and supportive atmosphere.

In alignment with sustainability goals, the event was designed with eco-friendly practices in mind. The use of biodegradable utensils and containers helped reduce plastic waste. Additionally, digital promotions and programs were utilized to minimize paper usage, ensuring a more environmentally responsible approach.

The "Wear It Pink" event not only successfully raised awareness about breast cancer but also fostered a sense of community and collective responsibility among university members. Through its sustainable practices, Shoolini University reinforced its commitment to promoting health, education, and environmental stewardship, making a positive impact during Breast Cancer Awareness Month.



A photograph of the volunteers



A photograph of the stall

October 24, 2024

Pink October Awareness External Campaigns

As part of the Pink October initiative, Shoolini University organized awareness campaigns that included visits to the Shoolini Institute of Life Sciences and business management (SILB) and Nauni University. These campaigns aimed to educate students and faculty about breast cancer, emphasizing the importance of early detection, regular screenings, and healthy lifestyle choices. During the visits, engaging presentations and informative materials were shared to foster a deeper understanding of breast cancer prevention and the significance of supporting those affected by the disease. This outreach not only aimed to spread awareness but also encouraged a culture of empathy and community support among participants.

In line with Shoolini University's commitment to sustainability, the awareness campaigns utilized digital resources to minimize paper waste, distributing information through electronic means rather than printed materials. The presentations featured discussions on sustainable health practices, highlighting the connection between lifestyle choices and overall well-being. Additionally, the campaigns included interactive sessions that encouraged participants to share their thoughts and experiences, creating a collaborative environment focused on health education. By integrating sustainability into the awareness campaigns, Shoolini University reinforced the idea that promoting health and environmental consciousness go hand in hand.

Overall, the visits to SILB and Nauni University as part of the Pink October initiative successfully raised awareness about breast cancer while emphasizing the importance of sustainable practices. The outreach fostered a sense of community and responsibility among students and faculty, inspiring them to take proactive steps in their health journeys and support one another. This initiative exemplified Shoolini University's dedication to fostering a healthy, informed, and environmentally conscious community, laying the groundwork for continued awareness efforts in the future.



A photograph of Shoolini volunteers with students and faculty members at SILB



Volunteer Arnab with Mrs. Saroj Khosla

Blooming with Compassion: Rose Day in Support of Cancer Awareness

SDG 3: Good Health and Well-being

Date: 7th February 2025

Location: Pine Court, Shoolini University

On 7th February 2025, Shoolini University observed **Rose Day** as a heartfelt initiative under its ongoing **World Cancer Day awareness campaign**. The day was dedicated to expressing love, support, and solidarity with cancer fighters, survivors, and caregivers, while also promoting sustainability and conscious action.

Rather than using store-bought or fresh flowers, the university community embraced **eco-friendly alternatives** by crafting and distributing **paper and crochet roses**. These roses were handmade by students and volunteers using recycled paper, old craft supplies, and leftover yarn, reflecting the university's commitment to sustainability and zero-waste practices.

Each rose carried a small note bearing a message of hope or a cancer awareness fact, such as the importance of early detection, support systems, and the need to break social stigmas around cancer. These thoughtful details transformed the roses into symbols of care, compassion, and knowledge.

The roses were distributed across the campus—in classrooms, offices, and student areas—creating a warm, uplifting atmosphere. Workshops were organized prior to the event where students learned to make the roses, fostering a sense of community and hands-on engagement in both creativity and purpose-driven awareness.

The entire initiative was coordinated by student clubs and the NSS unit, who worked together to ensure the event was inclusive, impactful, and environmentally responsible. By replacing traditionally wasteful practices with mindful alternatives, Rose Day became more than just a symbolic event—it became a movement of sustainable love and support.

In essence, Shoolini University's Rose Day successfully combined **emotional outreach, awareness, and sustainability**, leaving a lasting impression on everyone involved. It served as a reminder that even the smallest acts—when done with intention and care—can bring meaningful change and promote a healthier, more compassionate society.



